Ash Wednesday

Wednesday 18th February is Ash Wednesday which marks the beginning of Lent, a 40 day liturgical period of self-reflection, growth and prayer. Lent is symbolic of Christ’s 40 days of temptation in the wilderness. Blessed ashes are placed on a person’s forehead during Mass on Ash Wednesday and serve as an outward sign of admission of transgressions and the need for penance. Ashes symbolises the need to be redeemed by the mercy of God.

Ash Wednesday is traditionally a day of fasting for many Christian religions. At Mt St Patrick College, we encourage students to participate in this important tradition by restricting the sale of products at the Canteen on this day. Boiled rice, with a variety of sauces, and water will be the only items sold at the Canteen on Ash Wednesday. We hope that this experience may increase students’ awareness of the need to give of ourselves for the common good and help gain some understanding of the plight of the many starving people in the world. Proceeds from the sale of rice will be donated to Projection Compassion.

Students with health concerns, or those who choose not to participate in the fast, will need to supply their own lunch on Ash Wednesday.

Lord, as Ash Wednesday approaches,
we pray that during Lent we will try to turn our hearts in love and kindness to you, by doing good to those around us, so that we may become more like Jesus, your Son.
We make this prayer in the name of Jesus. Amen.

Dear Parents and Friends of Mt St Patrick College,

Welcome to the 2015 school year. I hope the year has started well for your family and that returning to the routine of school life has been a smooth transition for all concerned. I would particularly like to welcome Year 7 students, new enrolments in other years, and the families of students who are joining our community for the first time. Starting at a new school can be challenging so please contact the College if you feel your child could benefit from a little extra support. We are here to help.

I wish everyone an enjoyable and successful 2015.

Staffing

It gives me great pleasure to welcome four new teachers to the staff of Mt St Patrick College:

Ms Sandra Salamacha – HSIE
Mr Dan Anderson – Mathematics
Mr Dan McManus – PDHPE
Mr Pat Weetman – HSIE

New Positions of Responsibility in 2015:

Mr Ryan Campbell – Leader of Catechesis
Mrs Jane Egan – Leader of Pedagogy
Mrs Kath Swift – Year 11 Co-ordinator
A list of teaching staff and their areas of responsibility for 2015 can be found by clicking on the following link: http://www.murscism.catholic.edu.au/pages/about/our-staff.php

Opening Assembly

The opening College Assembly for 2015 was held on Friday 30\textsuperscript{th} January in the Gilbey Multipurpose Centre. The Assembly began with an opening procession led by the College Lantern and then the National, College and House flags. A framed print of Our Lady of the Aborigine accompanied the Aboriginal Flag in the procession. The Year 10, 11 and 12 Student Representative Councillors, House Leaders and Assistant House Leaders participated in the procession. The National Anthem was sung, the Acknowledgement of Country said and then the College Captains and Year 12 Student Representative Councillors lead the College in prayer. The Ceremony concluded with the whole community reciting the College Prayer.

The Opening Ceremony reminded our community, at the beginning of a new school year, of the features that are important and distinctive about Mt St Patrick College. It reinforced our six key values of Acceptance, Community, Compassion, Commitment, Forgiveness and Justice and emphasised the various student leadership roles in the College. The ceremony highlighted our focus on Houses and our mission as a Catholic secondary educational community in the Presentation tradition.

Induction of House and Assistant House

The induction of the 2015 House Leaders and Assistant House Leaders was held on Friday 30\textsuperscript{th} January, during the Official Opening Assembly. Eight House Leaders and their eight Assistant House Leaders received their badge of office designed in the colour of their House. Congratulations to the following House Leaders and Assistant House Leaders on their election to this important leadership position in the College:

- **Lucan**: House Leaders - Amie Smith, Patrick Daly  
  Assistant House Leaders - Sarah-Jane Guinea, Harvey Hodgson
- **Lisieux**: House Leaders - Charlie Grimshaw, Luke Chaffer  
  Assistant House Leaders - Delani O'Brien, Bill Hampson
- **Nagle**: House Leaders - Ela Heiniger, Arnold Walsh  
  Assistant House Leaders - Eva Kettle, Josh Nuspan
- **Loreto**: House Leaders - Maddison Youngblutt, Ethan Smaling  
  Assistant House Leaders - Hayley Jones, Marcus Bossink

2014 Champion House

Following the induction of House and Assistant House Leaders, the St Patrick’s Champion House Trophy was presented to the 2014 Champion House. The Trophy is presented to the House that earns the most points during the year for sporting and non-sporting events. The Competition in 2014 was close, although one House seemed to dominate most events.

The 2014 Champion House and winner of the St Patrick’s Champion House trophy was Lisieux. House Leaders, Charlie Grimshaw and Luke Chaffer, accepted the Trophy on the behalf of Lisieux. Congratulations to Lisieux House on a magnificent effort.

Year 12 Senior Badges

Year 12 students hold a special place in the College and, after five years as members of this community, they are very familiar with what is expected and the way we do things at Mt St Patrick College. That knowledge places them in a unique position in the final year of schooling and was acknowledged with the presentation of a Senior Badge to every Year 12 student at our Opening Assembly. I have every confidence that Year 12 will wear the badge with pride and show quality leadership in their everyday school life. Congratulations Year 12.

Parent Information Meetings

The format for Parent Information Meetings has changed with all meetings being held on Thursday 12\textsuperscript{th} February commencing at 7.00pm in the Gilbey Multipurpose Centre. The parents of Year 7, 9, 10 and 11...
are invited to gather initially in the Gilbey Centre and then move to Year Meetings convened by the Co-
ordinator responsible for that year level. The Year 8 meeting will take place in early Term 3.

**Student Accident Insurance**
The Catholic Education Office has organised Student Accident Insurance for students involved in 
accidents during school hours or on an authorised school activity outside of school hours. Further 
information is available from the College. Please be aware that this cover is somewhat limited in scope 
and supplementary to the family’s health insurance cover and/or Medicare cover.

**Student Drop-off**
Parents are asked to please be aware of the Parking Restrictions in front of the College. The area 
immediately in front of Presentation House is a School Bus Zone between 8.00 and 9.00am and therefore 
cars must not stop in this area to drop off children during this time. Parents are often booked for failing 
to adhere to this requirement. The cost of a fine is $304 plus two Demerit Points. It is legal however, for 
parents to drop their children off in the ‘No Parking’ area in front of the Church, above and below the 
pedestrian crossing. Cars may stop in a ‘No Parking’ area for no more than two minutes.

**College Hours**
The school day begins at 8.47am and concludes at 3.14pm. Student supervision commences at 8.22am 
and concludes at the bus stop when the last bus departs. The College will not accept responsibility for 
the supervision of students outside of these times.

**Swimming Carnival**
The 52nd Annual MSPC Inter-House Swimming Carnival will be held at the Tweed Regional Aquatic 
Centre, Murwillumbah on Friday 13th February commencing at 9.00am. The Carnival is a chance for 
students to get to know staff and other students in a relaxed setting away from the school environment. 
The success of the Carnival depends on the attendance of all students and on the support they give their 
House both as a competitor and as spectator. The day is for swimmers and non-swimmers alike. Attendance is compulsory and will be closely monitored.

A letter has been sent home regarding arrangements for the Carnival.

**Mt St Patrick College Parents’ and Friends’ Association Meeting**
The first meeting of the Mt St Patrick College Parents’ and Friends’ Association will be held on Monday 
9th February, 2015 in the staff lunchroom commencing at 6.30pm. The meeting will conclude before 
7.30pm. New parents are most welcome.

**Congratulations**
Congratulations to Kate Wilson of Year 11 on her inclusion in the ‘long list’ for the 2016 Paralympic 
Games in Rio. The ‘long list’ is defined as athletics identified as having potential to qualify for the Games. 
We wish Kate all the best in her endeavour to qualify for the 2016 Australian Paralympic Team.

*In Hoc Signo Spes Mea*

Tony Daly
Principal

**THANKS TO VOLUNTEERS**
A word of thanks to those who assisted with setting up the Mt St 
Patrick College classrooms on Tuesday 27th January. Parents, 
Parishioners and students Jane Clare, Brian Clare, Deirdre 
Hutton, Alexis Hardes, Dylan Clarke and Will Murnane.

**DAY SWAP**
Next week Tuesday 10th February will be Day 10 as Friday is the 
Swimming Carnival at TRAC.

Mary-Anne McShane
Assistant Principal
FROM THE
LEADERS OF WELLBEING

LISIEUX
Welcome to Mt St Patrick College 2015. As we begin the year, I extend a hearty welcome to all especially our Year 7 students and parents. You are indeed very fortunate to become members of our amazing Lisieux family. Our successes in the past decade have been due primarily to our House Spirit; our sense of community and pride.

Last Friday, at our first College Assembly for 2015, Mr Daly announced the winner of the Champion House Trophy for 2015, and, yes, Lisieux was once again the worthy recipients of this prestigious award. The trophy symbolizes the combined efforts of all Lisieux students in many different fields of endeavour. Congratulations Lisieux!

The year has begun smoothly for our students and I thank parents for their efforts with uniform and equipment.

Homeroom teachers are Miss Pinkstone (SL2), Mrs Storey (M24), Mr Wilson (M25), Mrs Bowe (QLab3) and Mr Grant (QLab4). Ms Sherree O’Brien is our Assistant Co-ordinator and our senior homeroom teachers are Mrs Chaffer (11 Lis) and Mrs Gardner (12 Lis). I welcome all these staff and look forward to continuing our work together.

Our first major challenge is, of course, the upcoming College Swimming Carnival. As a House, we will continue to strive to achieve our very best and to serve with pride and spirit. Have a fantastic year Lisieux!

Margaret Baldini
Leader of Wellbeing: Lisieux

LUCAN
Welcome back the new school year. I hope the holidays were full of fun, rest and excitement in preparation for 2015. I would like to welcome all new and past Lucan students to the self-proclaimed “best” house, the Green Machine, Lucan, especially the 32 new Year 7 students and students joining us in Year 10. All students have started the year well and we look forward to an exciting and action-packed year. I would like to take this opportunity to introduce and welcome Lucan homeroom teachers for 2015:

Ms Louise Devine LucS16
Mr Peter Callaghan LucS17
Mr Dan McManus LucS19
Ms Kaitlyn Rennes LucS20
Mrs Jackie Tilsley LucS Lab1
Mr Mathew Lynch Yr 11 Lucan N38
Mr Dan Keogh Yr 12 Lucan O42
Mrs Clara Cahill Assistant Coordinator

The annual swimming carnival fast approaches, on next Friday 13th February. Lucan students are preparing enthusiastically with Green outfits and a competitive attitude for the carnival. There are two options for swimmers, competitive swimming events or non-competitive events. I would encourage all Lucan students to participate in at least one race or more, if possible, boosting our participation points. A huge thank you for the efforts of our student house leaders Amie Smith and Patrick Daly and assistants Sarah-Jane Guinea and Harvey Hodgson in preparation for our upcoming domination in the pool! I look forward to another successful school year, nurturing and encouraging Lucan students to pursue their personal best. I also encourage Lucan students to take on the 2015 motto “To Serve”, which simply means using our gifts in the school and wider community and also acting in a generous way. Should you have any concerns or questions please do not hesitate to contact me.

Go Green Machine!
Josh McCormack
Leader of Wellbeing: Lucan

NAGLE
Welcome to 2015! In particular I would like to welcome our new students and teachers. Nagle has six Homeroom groups again this year as follows:

F27 Mr Des James
F28 Mr Patrick Weetman
F29 Mrs Kylie Bevan
F30 Miss Rikki Goodwin
Lab 5 Miss Marilyn De Maere
Lab 6 Miss Simone Kendrick

Mr Chris Core is the Assistant Co-ordinator and he will monitor student merits and help with uniform.

I would like to thank all parents for their efforts in dressing their students beautifully in the school uniform.

A reminder that a parent meeting will be held in the Gilbey Center on Thursday evening 12th February for Years 7, 9, 10 and 11.

The annual Swimming Carnival will be held at TRAC on Friday 13th February. I would encourage all students to dress in our House colour - GOLD/YELLOW.

I thank our Nagle students for the positive start to the year and I look forward to a spirit-filled 2015.

Louise Shields
Nagle Co-ordinator

LORETO
Welcome back Loreto House! Particularly the Year 7 students and our two new students in Years 9 and 10: Jada Roche and Emily Harvey. As we gather together again for the 2015 school year, I was witness to a large, loud and inspired group of students of whom I have become very proud. From the eager and fresh faced Year 7 students through to the wise and mature Year 10’s, I felt like the matriarch of a very large family!

I would like to thank the students for such a positive and organised start to the term. The uniform and behaviour of the students suggest an excellent year ahead.

I would like to introduce and welcome Loreto Homeroom teachers for 2015:

Mrs Sandra Salamacha Lor F31
Mr Daniel Anderson Lor F32
Mr Corey Nix Lor F33
Mr Marc Lionnet Lor F34
Mrs Sher Millward Lor N40

Mrs Sue Staunton completes the Loreto team as my assistant this year.

In addition to our homeroom teachers I would like to congratulate the 2015 Loreto House Leaders, Maddison Youngblutt and Ethan Smaling and the Assistant House Leaders, Hayley Jones and Marcus Bossink and thank them for their efforts so far in preparation for the College Swimming Carnival. Such fearless leadership will no doubt inspire Loreto towards victory in our quest for the Champion House Trophy. Their vocal and
passionate rendition of the Loreto War Cry, “Up With Blue Pride”, has already evoked fear in the hearts and minds of the other house groups.

Finally, many thanks to the parents for all that you do to support me in my role as Leader of Wellbeing for your children. Please note that details regarding College Policies and Procedures are in the Handbook on the College website. Don’t hesitate to contact me to speak about your child and I look forward to working with you all this year. Many blessings for 2015.

Majella MacPhail
Leader of Wellbeing: Loreto

YEAR 11
Welcome back to all Year 11 students for the 2015 school year.

Year 11 students have made an extremely positive start to the year by all wearing their College uniform with pride and settling into the initial stages of their senior schooling in a diligent and organized manner.

The Year 11 homeroom teachers for 2015 are as follows:
Year 11 Loreto - Mr Michael Acret
Year 11 Lisieux - Mrs Narelle Chaffer
Year 11 Lucan - Mr Mathew Lynch
Year 11 Nagle - Mrs Robyn Fitzpatrick

I am looking forward to working with these teachers and students throughout this important year and wish the students well for their HSC Preliminary studies.

A reminder that all Senior students are leaders and role models in our College and as such they should participate in the upcoming Swimming Carnival by dressing in House colours, participating in events and encouraging and applauding the achievements of others.

If you have any concerns regarding your Year 11 students please do not hesitate to contact me at the College.

Kath Swift
Leader of Wellbeing: Year 11

FACULTY NEWS

RE NEWS
MEALS ON WHEELS (MOW)
Parent drivers are still needed to assist with this very worthwhile endeavour …… delivering meals to those in our community who are unable to look after themselves.

All parents, especially Year 10 parents (2015), are invited to become a part of this by volunteering to drive from 11.00am till 12.30pm. Our College does MOW once every 5 weeks, and we need 5 drivers for that week. So, if we have 10 parent drivers, then your commitment would be one day (for 1½ hours) every 10 weeks. Students would also be involved approximately once every 10 weeks.

This is a simple yet effective way of giving visible witness to the message of Jesus: "Whenever you did this for one of the least important of these brothers of mine, you did it for me" (Matt 25:40-41).

If any parents are able to help, please ring the College (66722340) and leave your name, ‘phone number and preferred day(s). Thank you in anticipation of your help.

YEAR 10-12 RETREATS 2015
The 2015 Year 10 Retreat will take place on Monday 2nd March to Wednesday 4th March and the Year 12 Retreat from Wednesday 4th March to Friday 6th March (Week 6, Term 1) at Camp Bornhoffen. This is an important opportunity for students to reflect upon their lives in a very busy year, especially their relationships with family, friends and God. A letter regarding details (eg cost $165.00) was given this week and further details about requisites will be given closer to the Retreats. Students are reminded to return their permission notes to the College Office by Wednesday 25th February.

The early notification of the Retreats in newsletters last year was to enable families to plan and budget for these important occasions, as the early part of the new College year is always expensive.

The Retreats are seen as integral to the philosophy and ethos of the College and therefore the retreat is compulsory for all students. It is also an essential part of their holistic development. Parents are asked to ring the College if further clarification is needed.

Mick O’Donohue
Leader of Evangelisation

LEARNING SUPPORT
As we assist teachers and students with teaching and learning we often contribute strategies and tips which experience has shown to be effective. One tip to help with handwriting is to try using a thick pen, sometimes this can really help with improving handwriting legibility.

I look forward to discussing learning support with parents and to the Individual Planning meetings that will be held throughout the term.

Kathy Cristini
Additional Needs Teacher

INDIGENOUS EDUCATION
Welcome to all our students for 2015, particularly our Year 7 students who are adapting well to their new environment, friends and teachers. With an increased number of Indigenous students enrolled for this year I look forward to interacting with Indigenous students and community partners, working on personal learning pathways, and preparing events to acknowledge significant dates for the College community. I also plan to be providing some in-class assistance to teachers and students during my two days at the College.

Colleen Poudal,
Indigenous Education Assistant

FROM THE SPORTS DESK
FROM THE SPORTS DESK
Welcome back to another very busy sporting year. There certainly has been a lot of sport conducted over the holidays. Many tennis players, cricketers and surf life savers have laid it all on the line for their club. Feel free to let me know of any noteworthy performances and we can add it to the newsletter with any accompanying photos. At a small beach 1100km away from Murwillumbah, Mollymook, the NSW Country Surf Life Saving Championships were held. At times I felt like I was in the canteen area of our College as I turned and saw another excited face from our College competing for their club. MSPC as reigning Diocesan SLS Champions have recruited well in the off season and are pleased to welcome our new recruits from Tacking Point. Please read on and get a feel for some upcoming events at the College.
INTER-HOUSE SWIMMING CARNIVAL
Our College Carnival is to be held at the Tweed Regional Aquatic Centre on Friday 13th February. Admission is $3.00 or free for season ticket holders once you have shown your card. Your son / daughter has received a letter from the Parents’ and Friends’ Association this week with information on it and opportunities to assist. MSPC has a tremendous turn out on the day as attendance is compulsory and so space is at a premium.

A reminder that there will be Championship and non-Championship races at the Carnival. All swimmers looking to qualify for the College team at the Diocesan Carnival are to ensure they are in one of the three timed heats per event.

A copy of this year’s program can be found at the end of this newsletter please print out a copy and ask your son / daughter to bring it along to the Carnival.

COLLEGE SWIM RECORDS
The College swim records can be found at the end of this Newsletter.

NICK MYLER
Nick was a Year 12 student at the College in 2014. Over the recent holiday break Nick attended an Australian Swim Meet and his performances were of such a high standard that he was selected in the U19 Australian swim team. A great achievement for years of hard work and dedication to training.

DIOCESAN SWIMMING
A message for all families of talented swimmers who may make it to the Diocesan Carnival this year, the Diocesan event is to be held at Kempsey on Wednesday 11th March. The College will not be sending a bus and it will be the responsibility of parents to take their children to this event.

SKOOLBAG APP
Last year the College began using the smartphone app “Skoolbag”. This is an extremely useful tool for sport as I have used it to remind about permission notes and provide information regarding postponements of Carnivals. If you have not downloaded this free app it is available from the apple app store or, for android users, the google play store. Just search for Mt St Patrick College.

TUESDAY SPORT ARRANGEMENTS TERM 1
There will be no sport on a Tuesday afternoon until 17th February. This week students had a House Meeting where the House Leaders and Assistant House Leaders explained arrangements for the Swimming Carnival and the remainder of the Term.

The arrangements are as follows for Weeks 4 – 10. All students in Years 7 – 11 will be asked to select one of the following for Term 1 sports:

1) Sports Rotation: Student participate in a sports session weekly, including 2 visits to the TRAC
2) College Team Trials: Students wishing to be selected in one of the following teams:
   - Bill Turner Cup (Boys U15) or Bill Turner Trophy (Girls U15) Soccer
   - U16 & Open Hockey Teams to compete in the NSWCCC Championship
   - U15 and Open Touch Football teams to play at the Diocesan event early in Term 2
   - Rugby League U13 – Opens (Training and selection)
3) Musical Performers
4) Musical Dance Group

The selection process is completed online through the College moodle page. House Leaders will explain this process which takes approximately 2 minutes. Year 7 should receive their computers next Monday and Tuesday and will be asked to make their selection immediately.

TERM 1 OVERVIEW
A busy term awaits, here are some important dates:
- Friday 13th February College Swimming Carnival $3.00 entry.
- Monday 16th February Closing date for Individual Tennis nominations for NSW Team (2nd March).
- Tuesday 17th February Closing date for NSW All Schools’ Triathlon nominations (26th & 27th March).
- Tuesday 3rd March Open Girls Hockey selections Grafton.
- Monday 9th March CCC Northern Golf trials – Tuncurry.
- Tuesday 10th CRL League Opens at South Tweed.
- Wednesday 11th March Diocesan Swimming, KEMPSEY.
- Thursday 12th March Closing date for NSWCCC Hockey at Grafton (28th & 29th May).
- Tuesday 17th March Diocesan Winter Sport Trials. (Football and Rugby League only).
- Monday 23rd March CCC Hockey selections Newcastle.
- Wednesday 31st March & 1st April Northern Rugby League Trials

NSW SURF LIFE SAVING SUCCESS
Congratulations to both Like Chaffer and Ela Heiniger who, over the Christmas break, competed for NSW in the Interstate Surf Life Saving Championships. Both Luke and Ela competed very well and were instrumental in NSW regaining the title in very large surf. Well done!

NSWCCC WEBSITE
Parents are advised that they should be checking the Catholic Schools’ Sport Services (CSSS) website and click on the New South Wales Combined Catholic College website (NSWCCC) link for information regarding sport. The CSSS website is www.csss.nsw.edu.au. Once you click the NSWCCC link you can access any sport of your choice and there will be information on events. Your child needs to be registered for an event and this can be done on line also. If your child has already been registered, than their code will still be current, this is the code which they will keep throughout their sporting life at school. Good luck with the site, any problems don’t hesitate to call me for clarification at school.

Parents of any new students to the College, including all new Year 7 students will have to go into the site and change schools from primary to Mt St Patrick College, Murwillumbah.

In order to participate in ALL NSWCCC selection trials, you must register online, via this process.

Please use the HELP button to assist this process. Please note: There are three steps to the website process.
1. Setting up a Parent Account (this only needs to be done once)
2. Adding your child to the Parent Account (this only needs to be done once)
3. Registering for a sport (this needs to be done for each sport every year)

If you are experiencing any difficulties please contact Kym Skerritt, NSWCCC Executive Officer k.skerritt@csss.nsw.edu.au

Some helpful tips before beginning:

**PRIMARY CHILD MOVING TO SECONDARY SCHOOL**
- If your child has started high school and already has an account – LOGIN using your username (email address) and password. There is no need to set up a new account, use the login details that you set up for NSWCP
- Please note the following: You must keep the same account details, but you need to ensure you change your child’s SCHOOL details (e.g. Maria Regina Catholic Primary School TO Mater Maria Catholic College).
- To change your child’s school details, LOGIN. Under ACCOUNT OPTIONS and go to EDIT MY DETAILS.

**CREATING A LOGIN**
If you have not used the website you will need to create a Log In.

Go to www.csss.nsw.edu.au/nswccc-home.aspx
- Click Help
- Click on I am a Parent/Guardian for a student
- Click on Secondary student (NSWCCC)
- Click on How do I get a login for the website
- Scroll down to the information if you don’t have a login
- Click on Click here to get a new account and login
- Complete the page titled Parents Register Here and click Register after you have completed all fields.
- You will now need to check your email account for the password and the login. You will received a computer generated text and email with your password (you may need to check your Junk Mail if you don’t receive an email).
- If you wish to change your password, go to my account and Edit My Details. Here you can change your password and add other children (Please note that your child will stay in the system and will go up an age group each year. The only time a parent will need to edit their child’s details is if your child changes schools. Each year we roll the system over to progress them to their next school year.
- Always remember to click Save your details button on the bottom of the page.

NOW YOU ARE READY TO REGISTER YOUR CHILD TO A SPORT
- Login to your account
- Go to NSWCCC Home Page
- Go to the Sports link e.g SOFTBALL
- Click on Register
- Click on the team you wish to register for (it is a hyperlink)
- Follow the prompts to register.
- Click on Register Expression of Interest for this Sport to complete your registration

- Once you have successfully registered, both the Sports Coordinator and Principal of your child’s school will be notified of your nomination. You registration will then be accepted or declined based on whether your child meets the criteria as set by NSWCCC.
- All consent and payment for ALL Individual sports will be done online.
- Team sports such as Swimming, Diocesan/Associations may use their own paperwork for consent, payment and uniform orders
- PLEASE NOTE: You will be unable to register if the Closing Date has passed. Please check the Sports Specific Information page for these dates.

If you are experiencing any difficulties with this registration process please email k.skerritt@csss.nsw.edu.au
Tim Whitney
Sports Coordinator

**COLLEGE NEWS**

**MUSICAL**
It is exciting that the cast of 60 students is now rehearsing for our presentation of Disney’s High School Musical (April 29th, May 1st and 2nd). The students are very enthusiastic about showcasing their respective acting, singing, and orchestral talents. We expect there to be a strong demand for performance tickets so we encourage Newsletter readers and their families and friends to “save the date” and make diary notes to be on the lookout for ticket sales opportunities.

The Musical Production Team

**VINNIES and MEALS ON WHEELS:**
The first meeting for 2015 was held on February 4th with a chance for all members to be involved in welcoming Year 7 students who wish to join the Vinnies group. It was also time to be planning the sale of pancakes for Shrove Tuesday (also called Pancake Tuesday) on Tuesday February 17th, the day before Ash Wednesday. This is a fundraising activity Vinnies runs each year to contribute to the St Vincent De Paul Society’s Assist a Student Programme and our own Solomon Islands Sister School project.

I would like to take this opportunity to thank the parents and students of the Macartney, Graham, Cooper and Champley families and Blake McCalman who kept our community service commitment to Meals on Wheels going during the Christmas holidays. Their generosity and service is greatly appreciated. If you are interested in being a driver for this work please contact me at the College.

Maureen Reynolds
Vinnies Coordinator and Chaplaincy.

**PARENTS & FRIENDS**

**MT ST PATRICK COLLEGE**

**PARENTS & FRIENDS**

**ANNUAL GENERAL MEETING**
All parents are invited to attend the P & F Annual General Meeting to be held on Monday 9th February at 6.30pm in the Mt St Patrick College staff room.

The Parents and Friends meet twice per term in week 3 and week 7. We urgently need people to assist with the organisation of the P&F.
You can help by coming to meetings and/or volunteering to help with the functions that the Parents and Friends run throughout the year.

- Swimming Carnival food stall Friday 13th February
- Debutante Ball – Date to be announced.
- Athletics Carnival food stall
- Year 12 Formal Bar
- Social fundraising events to be advised throughout the year.

The Parents’ & Friends’ Association raise money for the College. Some of these funds have been used for the following:

- Mary Mackillop Icon in the SLC
- Gilbey Multipurpose Centre scissor lift
- Gilbey Multipurpose Centre foyer murals
- Equipment for the College

If you would like any more information about the Mt St Patrick Parents’ and Friends’ Association please contact me.

Liz Chauvier
P & F President
0414721898

DEBUTANTE BALL 2015
The Mt St Patrick College Parents’ and Friends’ are hoping to have another Debutante Ball this year. The tradition has been going on for 35 years since 1979.

Firstly we need to find out if there is any interest among the year 11 girls to make their ‘debut’. Please contact me as soon as possible if your daughter is interested. We need to know numbers within the next 2 weeks so we can start arrangements. Insufficient interest and numbers makes it difficult to organise a Ball. We are mindful of the School Musical, exams, etc. and are endeavouring to put on the Ball a bit later in the year.

We are in a situation where we need some parents, grandparents and friends to help organise the Ball.

A new committee has to be formed to run this year’s Ball. Ideally we need parents (any parents not just parents of the girls) from other years as well as Year 11. This will ensure that sufficient people know what is needed to keep the tradition going. It would be a shame if lack of interest cancelled the Ball. Every bit of assistance, however small, is greatly appreciated. I know that most of us work and have plenty of commitments but this is something enjoyable and worthwhile for our children. Both young women and men gain tremendously from being a debutante or their partner. It is a great confidence booster and gives them a skill for life – dancing.

IMPORTANT – WHAT TO DO NEXT

- Let us know if you are interested in being a debutante
- Contact us if you can assist with organising the ball

Liz Chauvier
P & F President
0414721898

1996 Newsletters
The College would like to obtain copies of the two December issues of the 1996 Newsletter.

Mt St Patrick College Newsletter Page 8 5/02/2015
5th February 2015

Dear Parent/Guardian,

Upon enrolment you provided the school with information about yourself and your child. This included

- your names and name of the child;
- date of birth of the child;
- your address;
- your contact details (including email address and mobile phone); and
- medical information about your child.

It is most important that you advise us immediately of any changes to that information so that we can amend our records accordingly.

You were also asked to provide the School with various permission forms under which you gave your permission for your child to engage in certain activities.

The permissions included:

(a) permission for the school to take photographs or videos of your child and use the photographs for school related purposes.

(b) permission to attend the annual Swimming and Athletics carnivals.

(c) permission to take part in the school sports program.

(d) permission to take part in the pastoral care program.

If at any time you wish to revoke your permission for your child to take part in these activities you must notify the school. If you wish to obtain copies of the permission forms that you completed please let us know.

Unless we hear from you we will assume that the various permissions you gave are still effective.
INTER-HOUSE SWIMMING CARNIVAL

2015

PROGRAM

200 INDIVIDUAL MEDLEY (approx. 9.15am)

Girls (Jnr, Int, Snr)
Boys (Jnr, Int, Snr)

50m BREAST STROKE
Girls
Boys

50m BACKSTROKE
Girls
Boys

100m FREESTYLE
Girls
Boys

50m BUTTERFLY
Girls
Boys

50m FREESTYLE
Girls
Boys

4 x 50m FREESTYLE RELAY
All Age relay (2 competitors per age per year)
Girls
Boys

PRESENTATION (approx. 2.30pm)
<table>
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<tr>
<th>Event</th>
<th>GIRLS</th>
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<th>BOYS</th>
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TERM 1 SPORTS OVERVIEW
Swimming requires $3.00 entry swimmers and towel.

<table>
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<tr>
<th>WEEK</th>
<th>YEAR 7</th>
<th>YEAR 8</th>
<th>Musical dance</th>
<th>YEAR 9</th>
<th>YEAR 10</th>
<th>YEAR 11</th>
<th>YEAR 12</th>
<th>Sport Trials</th>
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<td>4 (17th Feb)</td>
<td>Soccer (Jim Devine Queens Park)</td>
<td>Touch Football (Oval)</td>
<td>Dance Practice</td>
<td>Gilbey Basement / Knox Park Modified games</td>
<td>Volleyball &amp; Basketball</td>
<td>Swimming ($3.00) Indoor pool 3 lanes only Or School Sport</td>
<td>TUTORIAL</td>
<td>Rugby League Dio Touch Footy</td>
<td>CAST AND CREW MEET IN GILBEY CENTRE</td>
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<tr>
<td>5 (24th Feb)</td>
<td>Volleyball &amp; Basketball</td>
<td>Soccer (Jim Devine Queens Park)</td>
<td>Dance Practice</td>
<td>Swimming ($3.00) Or School Sport</td>
<td>Swimming ($3.00) Or School Sport</td>
<td>Gilbey Basement / Knox Park Modified games</td>
<td>TUTORIAL</td>
<td>Rugby League Dio Touch Footy</td>
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<td>6 (3rd March)</td>
<td>Swimming ($3.00) Or School Sport</td>
<td>Swimming ($3.00) Or School Sport</td>
<td>Dance Practice</td>
<td>SOCCER (Jim Devine Queens Park)</td>
<td>RETREATS</td>
<td>Touch Football (Oval)</td>
<td>TUTORIAL</td>
<td>Rugby League Dio Touch Footy</td>
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<td>7 (10th March)</td>
<td>Gilbey Basement / Knox Park Modified games</td>
<td>Volleyball &amp; Basketball</td>
<td>Dance Practice</td>
<td>Swimming ($3.00) Or School Sport</td>
<td>Swimming ($3.00) Or School Sport</td>
<td>Soccer (Jim Devine Queens Park)</td>
<td>TUTORIAL</td>
<td>Rugby League Dio Touch Footy</td>
<td>CAST AND CREW MEET IN GILBEY CENTRE</td>
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<td>8 (17th March)</td>
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<td>Dance Practice</td>
<td>Touch Football (Oval)</td>
<td>Gilbey Basement / Knox Park Modified games</td>
<td>Swimming ($3.00) Or School Sport</td>
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<td>Rugby League Dio Touch Footy</td>
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<td>9 (24th March)</td>
<td>Tweed Valley Trials</td>
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<td>Venues for above: Stan Sercombe Les Cave Hockey Club Les Cave</td>
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<td>10 (31st March)</td>
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<td>CAST AND CREW MEET IN GILBEY CENTRE</td>
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ADOLESCENT VACCINATION PROGRAM

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2015 the following vaccines will be offered:

Year 7 students*
- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8)

Year 11-12 students*
- measles-mumps-rubella (MMR) vaccine as a single dose as part of a catch-up vaccination program for students who are not fully protected.

* The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.

Parent Information Kits will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:
- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child’s school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

Please note that for HPV vaccine only, parents/guardians must record their Medicare Number (all 10 digits and the 11th number beside the child’s name) on the consent form, as this is required to record the student’s information on the National HPV Vaccination Register and (for female students only) link to the National or State Cervical Screening Program.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.
Mt St Patrick
Canteen Price
List
2015

Sushi
Chicken & Avo..................$3.00
Chicken Teriyaki..............$3.00
Tuna & Cucumber..............$3.00
Vegetable Tempura.............$3.00
Vegetarian........................$3.00

Rolls
Salad..................................$4.00
Chicken & Salad..................$5.00
Ham & Salad.......................$5.00
Salmon & Salad...................$5.00
Egg & Lettuce......................$4.00
Ham..................................$3.30
Vegemite...........................$1.60
Buttered Roll.......................$1.30
Extra Fillings
Avocado
Hummus
Garlic Aioli
Cheese
Cream Cheese......................$0.70

Sandwiches (White or W/Meal)
(Half Sandwiches at half price)
Salad......................................$3.80
Chicken & Salad...................$4.00
Ham & Salad..........................$4.00
Salmon & Salad.....................$4.00
Egg & Lettuce.......................$4.00
Ham..................................$3.00
Baked Beans..........................$3.00
Vegemite............................$1.50
Extra Fillings
Avocado
Hummus
Garlic Aioli
Cheese
Cream Cheese......................$0.70

Lavish Wraps
Salad....................................$4.50
Chicken & Salad....................$5.50
Ham & Salad..........................$5.50
Salmon & Salad.....................$5.50
Falafel & Tzatziki..................$5.50

Toasted Sandwiches
Any 2 Fillings.......................$3.80

Toasted Turkish Bread
Any 2 Fillings.......................$4.50
Each Extra Filling..................$0.70

Burgers
Chicken Burger.....................$4.50
Chicken Chilli Tender............$4.50
Vege Burger.........................$4.80
Mini Chicken Burger.............$3.50
Mini Chick. Chilli Tender........$3.50

Salad Boxes
Large - $5.00/Small - $2.50
Garden Salad
Pasta Salad
Fruit Salad
Falafel, Tzatziki $ Tabbouleh

Bakery
Honey Oat Slice.....................$2.00
Chocolate Slice....................$2.00
(Half Piece - $1.00)

Snacks
Fresh Honey Yoghurt..............$2.00
* w/ Berries or Passionfruit....$2.50
* w/ Museli..........................$2.50
Red Rock Crisps 28g -
Plain..................................$1.20
Honey Soy Chicken................$1.20
Rice Crackers........................$1.20
Pretzels...............................$1.20
Cheese & Crackers................$1.80
Vege Chips...........................$1.20
Vege Sticks + Hummus.............$2.50
Vege Sticks + Tzatziki............$2.50
Apples, Oranges, Bananas...70c

Ice Blocks
Fruit Tubes..........................$0.60
Calypso (Sm Gelato)..............$1.00
Paddle Pop Cup......................$2.00
Island Way Sorbet -
Orange...............................$2.50
Lemon.................................$2.50
Pomegranate.......................$2.50

Drinks
Orange Juice 300mL...............$3.00
Apple Juice 300mL................$3.00
App. & Cranberry 300mL..........$3.00
App. & B/Currant 300mL...........$3.00
Popper...............................$1.50
Water 500mL........................$1.80
Schools Milk - Flavoured........$2.20
Milk -
Plain 600mL.......................$2.00
Flavoured 300mL...................$2.60
LOL's (Trop, Rasp, Blackcurrant)$2.00

Salad of the Day
(Large - $5.00/Small - $2.50)

Monday
Beetroot, Orange, Fetta, Mint

Tuesday
Potato, Dill, Tzatziki

Wednesday
Pasta Salad

Thursday
Shaved Cabbage & Cranberry

Friday
Greek Salad
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<th>MONDAY</th>
<th>TUESDAY</th>
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<td>Australia Day Holiday</td>
<td>Staff Development Day</td>
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<td>Years 8, 9 &amp; 10 commence</td>
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<td>(+new Yr 8, 9 &amp; 10 orientation)</td>
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<td>am Singing Practice pm Yr 7-12 House Meetings</td>
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<td>Presentation to Yr 7 re Bullying, LOW's</td>
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<td>Homeroom Photos pm 7-12 Parent Meeting, GC</td>
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<td>Year 11 Marine Studies Diving</td>
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<td>Marine Studies, TRAC</td>
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<td>NSW All Schools Triathlon</td>
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<td>Dio Open Girls Hockey, Grafton</td>
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<td>Newsletter Year 12 Retreat</td>
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<td>Year 10 Retreat</td>
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<td>Catholic Schools Week</td>
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<td>Dio Swimming, Kempsey 'Wicked' Excursion, Brisbane</td>
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<td>College Assembly</td>
<td>Newsletter available</td>
<td>Open Day</td>
<td>Day of action against Bullying &amp; Violence</td>
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<td>St Patrick’s Day</td>
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<td>pm St Patrick’s Concert</td>
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<td>Football league only</td>
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<td>CCC Hockey Selection, Newcastle</td>
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<td>Redemption begins</td>
<td>Year 12 Exams</td>
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<td>Presentation to Yr 7 re Bullying, LOW's</td>
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<td>Evacuation Drill</td>
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<td>College Assembly</td>
<td>Holy Week Liturgy</td>
<td>Holy Thursday Newsletter Staff Spirituality Day</td>
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<td>Northern League Trial</td>
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<td>Good Friday</td>
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<td>Holy Week Liturgy</td>
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Assembly and Presentation to Top HSC Achievers

Year 7’s First Day at the College