Dear Parents and Friends of Mt St Patrick College,

**50 Year Celebrations**

Tomorrow, Friday 24th July 2015, is a significant day in the history of Athletics at the College with the running of the 50th Mt St Patrick College Inter-House Athletics Carnival. For 50 years, Inter-House Athletics has been an important part of the annual sporting calendar and is still the first step towards Diocesan and State selection.

Fifty years ago, the school used the Parish or Church Bulletin to communicate school events to parents. The first Inter-House Athletics Carnival was advertised on the back of the Parish Bulletin dated 11th September, 1966. The ad encouraged parents and parishioners to attend the Carnival and to organise a family picnic on the day. Various events were planned including ‘age races, novelty games, team races, broad jump, high jump, ball game competitions and home competitions.’ Distance events were measured in feet and inches rather than in metres and centimetres. Importantly, the House System has survived those fifty years.

The first Inter-House Athletics Carnival was held on Tuesday 20th September 1966, at Knox Park. Both Mt St Patrick Primary and Mt St Patrick Regional High School students participated in the same carnival. At the end of the day, Monsignor O’Rourke presented The Bulter Cup to Nagle House Captains, Gianmario Cotelli and Maureen Freeman. I am sure this first win will inspire Nagle to achieve great heights fifty years on. Monsignor O’Rourke also presented awards to the Senior Boy and Girl Champions, Bill Turner and Isobel Brooks, and to Martin Corcoran and Josephine Walls, the Junior Boy and Girl Champions.

A special 50 year ribbon has been produced as a memento of this Golden Jubilee. It will be issued to students who participate in an event on the carnival day.
Athletics Carnival
Parents are invited to attend the annual 50th Mt St Patrick College Inter-House Athletics Carnival to be held tomorrow, Friday 24th July 2015, at the Murwillumbah High School Oval commencing at 9.00am.

The success of our Carnivals and many other College activities depends on student attendance and participation. We aim to achieve maximum participation in all College-based activities as it has implications on other aspects of College life, both inside and outside the classroom. A good school such as Mt St Patrick College has high standards and we expect all students in Years 7 to 11 to appreciate the impact they have on the Carnival through their presence and participation. I ask parents to please support the College by insisting that their child or children attend the Carnival.

The Parents’ and Friends’ Association have requested assistance with the BBQ and canteen at the Athletics Carnival on Friday 24th July. If you can spare a few hours, please ‘phone the College to inform us of your availability. Your support would be greatly appreciated.

Year 11/12 SRC for 2015/2016
In the last week of Term 2, elections were held for College Captains and Year 12 Student Representative Councillors for Term 4, 2015 and for the first three terms of 2016. It gives me great pleasure to announce the results of the election following voting by staff, Year 11 and Year 10:

**College Captains**
Billi Lansky and Harvey Hodgson

**Student Representative Council**
Monique Chauvier, Jack Everall,
Blake McCalman, Joshua Quinn,
Lily Simke Hetherington, Kate Wilson

Congratulations to the new Captains and Student Representative Councillors. I know that they will lead the College with energy and commitment.

A sincere thankyou to all students who stood for election. I commend these students on the risk they took in standing for election and for speaking about their dreams for Mt St Patrick College in front of the whole College. Opportunities will arise for these students to demonstrate their leadership skills as senior students to support the elected leaders.

Resignation
The College community were informed on Tuesday 22nd July, 2015 of my decision to resign as Principal of Mt St Patrick College at the end of the 2015 school year. It has been an honour and privilege to serve this community as Principal for 17 years. I feel extremely blessed to have done so for so long. Mt St Patrick College is a wonderful school that I hold in the highest regard. I know I will miss this special community that has influenced my life over many years.

Please accept my sincere thanks for your support over the years.

Year 12 Formal Licensee
The Parents’ and Friends’ Association organise the sale of drinks at the Year 12 Formal as a fundraiser for the College and to keep prices to a reasonable level on the night. The Association is in urgent need of a person with an RSA who has some experience in the sale and service of liquor. Please contact the College if you can assist.

Trial HSC Examinations
The Trial HSC Exams begin on Monday 27th July and will run for ten days. Year 12 students need only attend school for their examinations. One hundred Year 12 students will sit the Trial exams. Twenty two Year 11 students will sit the Trial Chemistry Exam, five will attempt the Mathematics paper while nine will sit the Geography paper. Year 12 students will return to school for normal lessons on Monday 10th August.
**Tweed Valley Competition**
The Tweed Valley Competition will begin on Wednesday 29th July. The eight week round-robin competition involves six schools including Murwillumbah, Wollumbin, Kingscliff, Banora Point and Tweed River High Schools. St Joseph’s College, Banora Point has withdrawn from the Competition. Mt St Patrick College is well-represented with 38 teams nominated.

**Year 9 Canberra Excursion**
The annual Year 9 Excursion to Canberra and the Snowy departs on Saturday 25th July and returns on Thursday 30th July. We wish the staff: Mr Mathew Lynch, Miss Rikki Goodwin, Mr Josh McCormack, Mr Tim Whitney, Mrs Majella McPhail, Mr Robert Shepherd and Mrs Robyn Fitzpatrick, as well as the seventy eight students, a safe and enjoyable excursion. May they be successful in their endeavour to conquer the gentle slopes of the Snowy!

**Parent Teacher Interview Evening**
Parent Teacher Interviews for Years 8 and 9 parents will be held tonight, Thursday 23rd July, 2015 commencing at 3.40 pm in the Gilbey Multipurpose Centre.

**Medical Changes**
Please be mindful of informing the College of any diagnosis or change in medical condition for your child so that College plans and records are current and accurate. This is especially important for those students with Asthma, Anaphylaxis, Diabetes and other medical illnesses.

**State Champion**
Congratulations to Morgan Mathews of Year 8 on winning the NSW All Schools’ Under 14 Girls Cross Country Championship at Eastern Creek on Friday 17th July. As a result of the win, Morgan has been selected to represent NSW in the National Cross Country Championships in Melbourne on 28th August, 2015.

**Choir of Choirs**
Congratulations to the Mt St Patrick College Year 7 to 12 Choir who received the George Hanna ‘Choir of Choirs’ Award for the best choir at the 2015 Murwillumbah Festival of Performing Arts. The trophy will be presented at an Awards Concert on Tuesday 11th August, 2015. Congratulations to teachers, Miss Kaitlyn Rennes and Mrs Vanessa Bowe.

**Solomon Islands Visit**
Twenty seven students will travel to the Solomon Islands next Friday 31st July, for a one week stay. The trip will renew our association, and reciprocal visits, with our sister school, Bishop Epalle High School. Whilst there, students will be labouring to help improve facilities in schools with their main focus on the construction of a toilet block in a school without such a facility. Mr Mick Sherrah and Mr Jeff Pratt will supervise the construction. Thank you to Mick and Jeff as well as Mrs Narelle Sherrah and Mrs Louise Shields for offering these students such a valuable experience. We wish them a successful trip.

_In Hoc Signo Spes Mea_

Tony Daly
Principal
**50th Anniversary**  
**Mt St Patrick Regional High School**

In 2016, Mt St Patrick College will celebrate the 50th Anniversary of the opening of Mt St Patrick Regional High School in 1966. This milestone is one of the most significant events in the history of the College and will be recognised accordingly. One suggestion is to produce a 50th Anniversary Book with the main focus on school day memories from the 1960’s, 70’s and 80’s. We need your help to ensure that the book goes ahead. Written contributions no matter how large or small, would be greatly appreciated. Photographs will be scanned and returned immediately.

This will be the first time that the College has produced a book on the history of the College and so it is most important that the record is a complete and accurate picture of that time, hence the need for your recollections. Every memory is important. The benefits of such a book are immense for past, present and, in particular, future community members.

For planning purposes, it would be much appreciated if contributions are left at the College or Parish Office by August 12th. Thank you for considering this special request and for making our 50th Anniversary significant for our students, staff, parents and ex-students through your contribution.

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**FROM THE ASSISTANT PRINCIPAL**

**TWEED VALLEY SPORT**

Tweed Valley Sport Competition commences on Wednesday July 29th. For the rest of this term Sport day will be held on Wednesdays necessitating a day swap each week.

Mary-Anne McShane  
Assistant Principal

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**FROM THE LEADERS OF WELLBEING**

**LISIEUX**

Welcome back everyone! What a shock it has been with regard to plummeting temperatures! Nevertheless, uniform standards have been excellent. Just a reminder to make sure names are on all clothing items, particularly hats and jumpers. Should students lose or misplace jumpers, they are encouraged to check with Mrs Murnane in Lost Property. If students cannot find their own jumper they may borrow one. There is a large basket of ‘found’ College jumpers!

Congratulations to all Lisieux students who have earned Academic Excellence or Merit awards for Semester 1. Congratulations also to students who have earned College Awards and significant Beacon Awards.

Lisieux House is looking forward to our Annual Athletics Carnival tomorrow Friday 24th July. Perhaps this is our opportunity to redeem ourselves in the trophy stakes for 2015. I know it won’t be for lack of trying, as the majority of Lisieux students enthusiastically participate as much as is physically possible. This is also an opportunity for us to gather as a group to continue the house spirit that is so prevalent amongst Lisieux students. We all hope the cold weather goes back to where it belongs so we can enjoy the warmth we love!

Parents, please feel free to attend the Carnival and enjoy the day.

Margaret Baldini  
Leader of Wellbeing – Lisieux

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**LUCAN**

Welcome back to Term 3 all Lucan staff, students and parents. With a ten week term and many events such as MSPC Athletics Carnival, Year 9 Snow Camp and Alternative week, HSC Trials, Year 11 Preliminary Final Exams and a Beacon cycle, the term will be over before you blink. Please keep in mind that uniform check and diary check occur on Thursdays and the diary is an excellent way to keep in contact with staff. I am looking forward to witnessing the sea of GREEN tomorrow as we have our annual Athletics Carnival.

Wishing all Lucan students a wonderful term and should you need to contact me for anything please don’t hesitate. Who can LUCAN!

Josh McCormack  
Leader of Wellbeing – Lucan

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**FACULTY NEWS**

**RE NEWS**

**YEAR 11 STREET RETREAT**

On Thursday 18th to Sunday 21st June, 65 Year 11 students from across the Lismore Diocese, including Harvey Hudson, Nicholas Macartney, Hamish Patterson, Billi Lansky, Grace Smith and Tannaya Twomey worked in/with a range of social justice initiatives in Brisbane (sometimes very early in the morning to quite late at night!). The program was designed to provide students the opportunity to take part in volunteer outreach with the marginalised in our community and to put into action their belief that ‘Whenever you did this for one of the least important of these brothers of mine, you did it for me.’ (Matt 25:40-4). The students are to be congratulated on their willingness to give up their time, especially a weekend, and on their involvement in the various ministries. Below is a brief comment from each student:

This experience has made me realise that the life I lead in comparison to those I worked with is a blessing. I believe that this trip has broken many of the stereotypes that I may have had and forced me to realise that the people I saw on the streets often can’t help the situations that they are in and need help to re-orient their lives. (Grace)

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Street Retreat was an incredibly eye-opening experience. I have come home with a totally different perspective on life and I am now more appreciative of what I have. (Billi)

On arrival at Jimmy’s Van I found it very confronting and didn’t know how to adapt to the new challenge. The ones that shared their story were very emotional and I felt horrible as I take everything I own for granted. These people say ‘life’s great as long as we awake the next day.’ (Nicholas)

It was a great time meeting new people and making a difference in the Brisbane community. I would recommend the experience to everyone. (Hamish)

Street Retreat was an eye opening experience and has changed the way I now look at and view the world. (Tannaya)

Maybe one of the most beneficial and influential few days I’ve had…. confronting….the opportunity to meet, help and befriend them (less fortunate) allowed for a huge perspective switch in myself….altering my general outlook on life itself. (Harvey)

Mick O’Donohue
Leader of Evangelisation

CAREERS

Dear parents please ensure you have a look at the College’s Careers website www.mspccareers.com with lots of great information on gaining Tax File Numbers, post-school education, VET, Work Experience and an interactive calendar with lots of careers information. Also do not forget jobjump.com.au with the password “mspc” as a great resource for both parents and students for the careers field.

Matt Lynch

FROM THE SPORTS DESK

TWEED VALLEY

The Tweed Valley Competition for 2015 starts next week on Wednesday 29th July. Our 40 teams had a final training session during Week 1 and are eagerly awaiting the first round. Good luck to all involved!

PIERRE DE COUBERTIN AWARD

Earlier in the year, Ela Heiniger from Year 12 applied to the NSW Olympic Council for consideration to be awarded the prestigious Pierre De Coubertin Award. Ela had to submit a literary piece on the “spirit of Olympism”. She was successful and on Tuesday’s assembly Ela was presented with her award. Congratulations Ela!!

NSW ALL SCHOOLS’ CROSS COUNTRY

MSPC had 6 athletes attend the NSW All Schools event last Friday 17th July. Well done to the following athletes: Jared Carney 30th, Chloe Quinn 12th, Morgan Mathews 1st, Liam Wilson 15th, Lilith Malcolm 31st and Jack Orr 15th.

Morgan was successful in the U13 Competition winning her race. She is now the NSW All schools’ Champion and will attend the School Sport Australia event in Melbourne on 28th August. Congratulations

Liam Wilson and Morgan Mathews were awarded a gold medal on assembly for NSW CCC Cross Country U13 and U14 Winning teams.

ATHLETICS CARNIVAL

Our annual Athletics Carnival is to be held tomorrow 24th July at Murwillumbah High School’s Oval. All spectators are welcome, the first event will commence at 9.00am. A very big thank you, in advance, to all the families who contributed to the Parents and Friends stall. Also to those who have volunteered to operate the stall and BBQ during the day.

The College Athletics records and the program for this year’s Athletics Carnival can be found at the end of this Newsletter.

Tim Whitney
Sports Coordinator

LEARNING SUPPORT

We would like to acknowledge the very significant and hugely appreciated assistance given over many years by Mrs Sandra Hair who died quite suddenly on 9th July. Her work as a Reader and Writer for students during College, School Certificate and Higher School Certificate examinations was invaluable.

Students facing stressful examination conditions, fearful that they would not even understand the questions, were so thankful for her reassuring smile and the calm understanding she conveyed.

We will always be very thankful for her extraordinary generosity, reliability and commitment as well as her cheery friendship through the chaos of administering Disability Provisions for forty or more students each examination period.

We will continue to think of Sandra with fondness, and appreciation, especially during examination weeks.

Mrs Kathy Cristini, Mrs Carolyn King, Mrs Maureen Reynolds, Mrs Adele Williams, Miss Naomi Bruggy.

HSIE NEWS

AUSTRALIAN GEOGRAPHY COMPETITION 2015

Students at MSPC could nominate to participate in the Australian Geography Competition, which took place last term. Over 76,000 students from 770 schools entered this competition so the results give us an external benchmark as to how our students are performing in certain aspects of Geography.

We are very pleased to announce that some outstanding results were achieved. Madeleine Hill, Jaidah Fergus-Mackie and Thomas Wharton in the top 10% of the National Junior Division. Patrick Gresham scored in the top 3% and Thomas Snellgrove scored in the top 4% of the Intermediate Division. Many other students achieved at a high level, especially amongst the Accelerated Geography classes in Year 9. Our congratulations go to the following students:

High Distinction

23/07/2015
Distinction
Jack Adams, Wraith Dare, Farren Quinn, Matilda Jones, Indianna Nuspan, Connor Pearson, Kristen Schmechtig, Keeley Dickinson, Helena Hartwig-Costello, Tully Mellows, Lucas Pearson, Anthea Warne,

Credit
Chris Core
Leader of Learning - HSIE

COLLEGE NEWS

VINNIES

SA SACRED HEART MASS

On the last Thursday of Term 2 the College attended Mass to commemorate the Feast of the Sacred Heart. During this Mass the goods donated by the students for the Winter Appeal were presented to Vinnies, Murwillumbah. Brian Donaghy, President of the Mary MacKillop Conference, thanked students, their parents and teachers for the generosity shown in the many donations received. We would also like to thank Mrs Ann Daly for supplying us with a cardboard box for every homeroom. “The Power to Change a Life is within us all...” Vinnies Winter Appeal 2015

Also during this Mass eight Year 11 students (Alicia Rose and Daan Brils were absent) were inducted as the new Vinnies Leaders for the 2015/16 year. Father Anthony Lemon presented each student with a Vinnies Leader’s Badge after he had blessed them. We congratulate these students who have accepted the challenge to lead our Vinnies Conference through the coming year.

Lastly, we would like to thank the outgoing Year 12 student leaders who have given their time and energy to the many Vinnies activities over the past year. We appreciate their willingness to get involved and applaud them for their efforts to make a difference to the lives of those less fortunate in our community.

ASSIST A STUDENT

The MSPC Vinnies Conference recently received a certificate from the SVDP Overseas Partnership and Development Committee with the names of the students who they are generously sponsoring through the Assist A Student Program.

The Assist A Student Program is an education scholarship aimed at breaking the cycle of poverty and helping children to gain the education they deserve, with dignity.

Our students raised funds by selling pancakes on Shrove Tuesday and are sponsoring three overseas students for a year. The sponsored students are Maria Pramundhitya studying Year 10, Agustinus Tri Mulawati and Albertus Galang Satria both studying Year 2, and they are all from Indonesia.

Mrs Maureen Reynolds
MSPC Vinnies

SOLOMON ISLANDS TRIVIA NIGHT

Beth, Mary-Ann and Maureen, organisers of the recent Parish Solomon Islands Trivia Night, would like to thank all those students, teachers and families who attended the evening. As the money raised from the night is being donated to MSPC Solomon Islands Committee it was great to see so many attend. Special thanks to Mark Hoy, our MC; Sue Hoy and Narelle Sherah our markers, Jeff Pratt, our games master and also, along with Karen Burke, our runner. The money will be used to buy materials and supplies for the students to use when repairing Marrara Community School (St Mary’s School) in Tanagai.

An enjoyable night was had by all and it seems appropriate that the winning table “Guadalcanal” included original hosts from World Youth Day 2008, the ex-students from Mt St Patrick College, Bishop Epalle Catholic School, Rove and Marrara Community School in St Mary’s Parish, Tanagai.

We wish all students and teachers travelling to the Solomon Islands a wonderful experience and know that you will be well looked after and learn a lot from our beautiful friends in the Hapi Isles.

Sacred Heart Parish Solomon Island Fundraising Committee.
### YEAR 8 ACADEMIC EXCELLENCE

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<th>Name</th>
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<td>Alexander Flannery</td>
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<td>Taleigha Garbett</td>
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<td>Lena Hall</td>
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### YEAR 8 ACADEMIC MERITS

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<td>Brody Cook</td>
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<td>Freyja Curnow</td>
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YEAR 9 ACADEMIC EXCELLENCE

Jye Barton - Mathematics 5.2/5.1
Tehya Bele - Science
Jacob Flood - Australian History
Nina Gordon - Mathematics 5.2
Maebh Hamilton - Music
Ava Hollis - Food Technology (100 hrs)
Hannah James - Mathematics 5.3
Chloe Jones - Physical Activity & Sports Studies
Lucus Pearson - Industrial Technology – Timber (100 hrs)
Jaya Roche - PDHPE
Abigail Stratton - Australian History
Drama
Lauren Viglione - Religious Education (CSYMA)
Marine & Aqua Technology (100 hrs)
Grace Worthington - Art
Photography (100 hrs)
Keeley-Louise Dickinson - English
Keeley - English
Keeley Louise Dickinson - Mathematics
Technology
Abigail - Mathematics Accelerated
Industrial Technology
Jaya Roche - Art
Luc - Art
Chloe Jones - Mathematics
Hannah James - Mathematics
Industrial Technology
Ruby Livesey - French
Ruby Livesey - World History
Ruby Livesey - PDHPE
Religious Education
Science
English
Technology
Ruby Livesey - Music
Sophie Stoneman - French
Sophie Stoneman - World History
Sophie Stoneman - PDHPE
Religious Education
Science
English
Sophie Stoneman - Mathematics
Technology
Sophie Stoneman - Music
Sophie Stoneman - Mathematics
YEAR 9 ACADEMIC MERITS

Caitlin Arthur - Religious Education
Luke Bagnall - Science
Georgia Bromwich - Australian Geography
Charlie Browning - Science
Tiana Carr - PDHPE
Summer Clausen - Art
Elizabeth Conlan - PDHPE
Briania Dank - Australian History
Jessica Dichiera - Art
Keeley-Louise Dickinson - Industrial Technology
– Multi-Media
William Dobson - Australian History
Keeleigh Fleming - Mathematics 5.2/5.1
Sarah Guinea - Science
Emerald Haglund - Science
Helena Hartwig-Costello - Religious Education
Lara Hickel - Mathematics 5.2/5.1
Mark Jackson - Physical Activity & Sports Studies
Surya Kavandan - Mathematics
Jack Lahey - Marine & Aqua Technology (100 hrs)
Deanna Larkin - Mathematics 5.2/5.1
Shenai Matlock - Science
Sean McCaughey - Industrial Technology
– Multi-Media
Kelly O’Callaghan - PDHPE
Brodie Palmer - Australian History
Jesse Rainford - English
James Skilbeck - Mathematics 5.2/5.1
Jet Skinner - Mathematics 5.2/5.1
Thomas Snellgrove - Mathematics Accelerated
Jessica Wyborn - Mathematics 5.2/5.1
Zoe Zahra - English
Kira Banbury - Drama
Mathematics 5.2/5.1
Tehya Bele - English
Australian Geography
Jackson Byrnes - English
Australian History
Lauren Corby - English
PDHPE
Elanora Cunningham - English
Music
Rebecca Dryhurst - English
PDHPE
Tighe Foster - Photography (100 hrs)
Mathematics (5.2/5.1)
Nina Gordon - Australian Geography
Science
Maebh Hamilton - Religious Education
PDHPE
Ava Hollis - Religious Education
Physical Activity & Sport Studies
Hannah James - Religious Education
Industrial Technology – Timber (100 hrs)
Tealah Lesleighter - Religious Education
Commercial (100 hrs)
Webb Lillis - Australian Geography
PDHPE
Tully Mellows - PDHPE
Elise O’Callaghan - Mathematics 5.2
Australian Geography
English
Jasmin Rogan - Religious Education
PDHPE

23/07/2015
**GOLD BEACON AWARDS**

Congratulations to the following students who received Gold Beacon Awards for this cycle:

**NAGLE**
- Lauren Cahill, Indiana Nuspan (Year 7); Emily Annandale, Alexander Flannery, Cecilia Ryan (Year 8); Ava Hollis, Jasmine Perry, Ashlee Selwood (Year 9); Georgia Baker, Nitara Broughton, Bryce Reid, Isobel Waugh, Stella Wilson (Yr 10); Lauren Ricketts (Year 11); Ayla Bower-Williams, Mollie Wilson (Year 12).

**LUCAN**
- Madeleine Hill, Ruby Worthington (Year 7); Taleigha Garbett, James Keogh (Year 8); Aidan Donald, Lilly McDonald, Emily Keogh (Year 10); Ebony Shields (Year 11).

**LISIEUX**
- Daniel Acret, Jack Adams, Matilda Jones, Sienna Kitchener, Hannah Walker (Year 7); Kalindi Lathouras, Ena Mitchell (Year 8); Ella Mathews (Year 9); Nicole Dorfer, Alexander Hunt, Alison McLeymont, Isla Walford (Year 10); Erin O'Keeffe (Year 11); Claire Larkin (Year 12).

**LORETO**
- Codie Chung, Liliana Evans (Year 7); Anthea Warne, Liam Wilson (Year 8); Imogen Cunningham, Makayla Hall, Victoria Jedrisko, Lily Simke Hetherington (Year 11); McKenzie Currey-Klepp (Year 12).

**LISIEUX**

**CO-ORDINATOR’S AWARDS**

**Year 7**
- Abraham Esau, Flynn Everall, Kristen Schmechtig, Jemma Smith (2), Zoe Lyndon, Matilda Nimm (2), Lily Rainford (2), Matilda Jones, Ethan Muir, Emyleigh Shepherd, Madison Wyborn, Hannah Walker.

**Year 8**

**Year 9**

**Year 10**

**PRINCIPAL’S AWARDS**

**Year 7**
- Lily Rainford, Ethan Muir, Emyleigh Shepherd.
Year 8
Dylan Marshall, Angus Stratton, Yasmin Charilaou, Julian Dorfer, Lena Hall, Louis Hampson.

Year 9
Ellie Jackson, Teleah Lesleigher, Abigail Stratton, Nina Gordon, Deanna Larkin.

Year 10
Abby Newell, Matteo Caridi.

COLLEGE AWARD
Year 8
Dylan Marshall, Louis Hampson.

Year 9
Deanna Larkin.

Year 10
Matteo Caridi.

NAGLE CO-ORDINATOR'S AWARDS
Year 7
Lauren Cahill, Alexandra Macdonald (2), Indiana Nuspan, Ella Perry, Kobe Spry, Brendan Piccini (2).

Year 8
Charlie Priest, Ella Fitzgerald, Cecilia Ryan, Neisha Sharp, Cassidy Baker (2), Gabe Grayson.

Year 9
Georgina Moore, Lewis Hancock (2), Lara Hickel, Jackson Rohweder, Shenaii Matlock, Elvis Walsh.

Year 10
Nitara Broughton, Samantha Miller-Smylie, Olivia Thompson, Rose Bradfield, Chloe Rechichi.

PRINCIPAL'S AWARDS
Year 7
Lauren Cahill, Indiana Nuspan, Brendan Piccini.

Year 8
Ella Fitzgerald, Cecilia Ryan, Neisha Sharp, Cassidy Baker, Gabe Grayson.

Year 9
Georgina Moore, Lewis Hancock, Jackson Rohweder, Shenaii Matlock.

Year 10
Samantha Miller-Smylie, Rose Bradfield, Chloe Rechichi.

COLLEGE AWARD
Year 8
Cecilia Ryan

Year 9
Shenaii Matlock

Year 10
Samantha Miller-Smylie, Rose Bradfield, Chloe Rechichi.

YEAR12 AWARDS
NAGLE CO-ORDINATOR'S AWARDS
Daevin Broughton, Daniel Holland, Genevieve Waters (3).

PRINCIPAL'S AWARDS
Daniel Holland, Genevieve Waters.

COLLEGE AWARDS
Genevieve Waters

LISIEUX CO-ORDINATOR'S AWARDS

PRINCIPAL'S AWARDS

LUCAN CO-ORDINATOR'S AWARDS
Isaac King

LORETO CO-ORDINATOR'S AWARDS
Victoria Avery, McKenzie Currey-Klepp, Tenille Stewart.

PRINCIPAL'S AWARDS
McKenzie Currey-Klepp

CALENDARS & ROSTERS

2015 CALENDAR
Jul 24th MSPC Athletics Carnival, MHS Oval
25th-31st Year 9 Snowy/Canberra Trip
27th Trial HSC Exams, 2 weeks
28th Day swap, Day 8
29th Tweed Valley competition begins, Day 7
30th Maths Competition
31st Solomon Island visit begins – Yrs 10 & 11

TERM 3 2015 CANTEEN ROSTER
Week 3
27/7 Julie Van Den Driest, Lisa Richards
28/7 Jenni Van Den Broek
29/7 Chris Reynolds
30/7 Charnel Larkin
31/7 Gene Molloy

Week 4
3/8 Jane Clare, Krystann Alexander
4/8 Peter Hyde
5/8 Chris Reynolds
6/8 Sharon Horner, Jenny Cumow
7/8 Jodie Champley

Mt St Patrick College Newsletter  Page 10  23/07/2015
headspace Tweed Heads, at 145 Wharf Street Tweed Heads, offers 12 – 25 year olds free general and mental health support, assistance with alcohol and other drug problems, employment and education support, as well as information for young people and their families. They are open Monday to Friday, 9am to 5pm. They have two psychologists, a GP, and an Aboriginal Health Worker working within the centre.

A young person can make an appointment for themselves, or a parent/carer/teacher/counsellor/service provider can call up to refer a young person, as long as that young person has provided consent to do so. To make an appointment, simply give them a call on 07 5589 8700.

If you don’t feel ready to visit a centre, eheadspace provides confidential online and telephone support service between the hours of 9.00am and 1.00am seven days a week. This service is staffed by a range of experienced youth and mental health professionals.

eheadspace can also assist families and friends in supporting a young person they are worried about.

To access eheadspace for the first time you will need to register on their website www.eheadspace.org.au or via the phone line 1800 650 890.
St Joseph’s College & St James Primary, Banora with Mt St Patrick College, Murwillumbah Parent Assembly are proud to host

Understanding Your Teenager: a seminar for parents of teens and tweens with Graham Hyman

Welcome to being a parent of a teenager. Prepare for a large amount of eye rolling, emotional outbursts, and thoughts of running away. And that’s just the parents.

When: 29th July
Start: 6.30pm
Where: St James Primary School Banora
Who: Primary and secondary parents, teachers, grandparents
RSVP: email your name & school to lrobbins@lism.catholic.edu.au

Childcare will be available
To book please email the age and number of children when you RSVP.

This seminar is about the day to day experience of parenting a teenager or an emerging teenager. It will give you a wonderful insight into your child’s new world, equip you with a bundle of great ideas and help you lay a foundation for your child’s success, and your sanity, through his or her adolescence. Delegates to the 2014 Catholic School Parent Assembly Conference in Coffs Harbour were thrilled at the power, fun and relevance of Graham’s presentation. If you didn’t attend last year this is your chance to laugh and learn while you are affirmed and equipped. Hope you can come, everyone is welcome.
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## MT.ST. PATRICK COLLEGE ATHLETICS CARNIVAL PROGRAM OF EVENTS 2015

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<td>12.20 - 12.45</td>
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**1500M**

STUDENTS MOVE TO HOUSE AREAS AND PREPARE FOR FIRST EVENT

**200 metres**

FREE: ORGANISE RELAY TEAMS

**100 metres**

**800 metres**

**400 metres**

**4 x 100m RELAYS**

RETURN TO HOUSE AREAS. ROLL CALL. CLEAN UP. CHANGE INTO SPORT UNIFORM. PRESENTATION