Dear Parents and Friends of Mt St Patrick College,

**Two Great Feasts: All Saints and All Souls**

On the first two days of November each year, the Church commemorates two linked feasts: All Saints Day (November 1) and All Souls Day (November 2).

On All Souls Day we remember all those who have died, not just the spiritual superstars. The feast reminds us of our morality. We are all finite, mortal creatures.

On All Saints Day we remember all those who lived lives of heroic holiness, whether the Church has canonized them or not. It is easy on All Saints Day to put saints on a pedestal. They are seen in stained glass windows, as plaster figures on shelves decorated with flowers and adorned with halos. The great truth about saints is that they were just like us – flesh and bone, strength and weaknesses, ambitions and disappointments and simple sinners like us. Nobody is born a saint. It is something you have to become.

All Saints Day dares us to be more. It reminds us of our great potential, the promise that lies within each of us to live lives of holiness. The day gives us hope and encourages us to follow in the footsteps of the saints and to experience the joy of those who trust in God.

**Welcome Back**

Mr Peter Storey returned to work last Tuesday for the first time since his accident at the beginning of Term 2. Initially, he will work for two days a week and gradually increase his workload to full time employment towards the end of the term. It is wonderful to have Mr Storey back on deck.

**Fundraiser**

Thank you to the many people who have supported our annual fundraiser, the Melbourne Cup Trifecta. Money is coming in slowly, however, we do expect a ‘rush’ in the last few days. Your assistance would be much appreciated. Again this year, there are many incentive prizes for students to encourage them to be involved.

Money and unsold tickets in the Melbourne Cup Trifecta should have been returned to the College by today Thursday 29th October. Often unsold tickets are able to be sold on Melbourne Cup Day so it is most important that all unsold tickets are returned to the College to assist with the fundraiser.

First Prize in the Trifecta is $1,000 with two $1,000 prizes available as well as many $50 prizes.

**Attendance at Examinations**

Year 10 students will sit for their Yearly Examinations commencing Tuesday 3rd November whilst students in Years 7, 8 and 9 will sit for their Yearly Examinations from Tuesday 10th November. Students must attend school during the examination period. If a student is sick on the day of an exam, parents are asked to please advise the College by ‘phone before 9.00am to avoid any penalty. Year 10 students must supply a Doctor’s Certificate to explain any absence. Further assessment tasks will be held during the remaining four weeks of the term and will contribute to the Yearly Reports. Attendance during this time is compulsory and will be closely monitored.
Year 12 Formal
The Year 12 Formal will be held next Friday night 6th November at the Murwillumbah Civic Centre. We thank Year 12 for their contribution to the College and wish them an enjoyable evening and every happiness in the future.

2015 College Magazine
The 2015 College Magazine will be printed in full colour again this year and is it expected to be available for purchase on Wednesday 9th December, 2015. It will include many photos and articles of 2015 events including two pages of photos of the 2015 Year 12 Formal.

Unfortunately the demand for a College magazine has been disappointing so only limited copies will be printed in 2015. To ensure your copy of the 2015 College Magazine, please order as soon as possible at the College Office. The cost is great value at $25.

World Teachers’ Day
Tomorrow, Friday 30th October, is World Teachers’ Day, a fantastic opportunity to acknowledge the wonderful contribution that the teachers of Mt St Patrick College make to the lives of our students. The College is extremely fortunate to have dedicated teachers who are committed to their vocation. Our teachers are generous with their time and go out of their way to care for their students. Mt St Patrick College is a special place because of our teachers. On behalf of the College community, I thank the teachers for their passion and hard work and wish them an enjoyable World Teachers’ Day.

Second Orientation Day
The second of two Orientation Days for Year 7 2015 was held today, Thursday 29th October, 2015. We hope that the days have been beneficial for Year 6 students and that they have eased any concerns Year 6 may have about beginning secondary school at Mt St Patrick College. Parents are asked to please contact the College if we are able to help in any way to make Year 6 students more comfortable in their transition to high school.

A successful Parent Information Meeting was held on Tuesday 20th October, 2015.

Fees
Thank you to the many parents who have finalised fee payment. As you are aware, fees are payable over three terms with Friday 28th August, 2015 the final date of payment of all fees. Please be aware that the College Board has stipulated that Yearly Reports will not be issued to families who have outstanding fees.

*In Hoc Signo Spes Mea*

Tony Daly
Principal
RE NEWS

ALL SAINTS/ALL SOULS DAY

These two significant days in the Church’s calendar will be highlighted through a Liturgy on Monday 2nd November (1.15pm in the Church) where students, parents and staff will be given the opportunity to reflect upon their own journey and call to Sainthood and Holiness (Wholeness). Each of us will also recall relatives and friends who have died and special prayers will be offered for these people as well as other intentions of the College community. Two special boxes provided at the College so that names for special remembrance can be written. All parents are warmly invited to attend.

IGNITE 2015…. WOW!!!

During the September holidays, 49 Year 8, 9, 10, 11 and 12 students and Ms Pinkstone, Ms De Maere, Mr Campbell and myself, along with another 250 students and 40 teachers and Ministry Trainees from across the Lismore Diocese, experienced the Ignite Conference in Brisbane. Over 1400 students and young adults from a wide variety of destinations, including every state in Australia, as well as some from overseas, sang, danced, listened, reflected, laughed, cried, prayed, discussed…. all in the name of Jesus and Faith.

The theme ‘ONE’ was explored through rallies, streams, workshops, discussion groups, Eucharist, Reconciliation, Adoration and simply being with others. Rallies, led by Emmanuel Worship, had people singing, dancing and jumping for joy.

Amazing speakers both inspired and challenged, and various opportunities for praise and worship helped bring people closer to their God. It was a 4 day amazing experience that is a constant reminder that life is meant to be lived to the full. This experience builds on other opportunities like Festa Christi, Shine and Street Retreat which are provided through the Lismore CSO.

Michael O’Donohue
Leader of Learning: Ministry

FROM THE SPORTS DESK

DIO VOLLEYBALL

U15 Girls

Nine enthusiastic chargers took the court (well 3 sat on the bench) at 9.20am against St Mary’s Casino not knowing what to expect. Casino opened strongly and we were a little shell – shocked. By the time the team had blown away the cobwebs from an early, early bus trip the score was insurmountable: 53:15 their way. We had a post-game debrief where I asked each player just to play a role for each other and this seemed to lift drooping egos.

We came out against a much stronger Xavier College in Rd 2 with a much better show. It was a close game throughout but a few late errors from our team lead to a 7 point loss when time was called. A brilliant display of serving from Georgia Bromwich and setting from Anthea Warne kept the team close.

With spirits much higher we came up against the much fancied Regional Team from Port. Again MSPC just could not seal the deals and late errors gave our opponents a 4 point victory. Good performers were Kelly O’Callaghan and Charlotte Morosini, with their on-net spikes and defence; Georgina Moore with her diving saves and Brodie Palmer’s dazzling serving speed. This loss put MSPC out of the “big show” but into a play off for 7th and 8th.

Determined to win one game at the Carnival the girls jumped away to an early lead against Grafton (who probably got out of bed at 8am to get to Coffs on time). The win one became a catch cry often heard from Fianna Wilkinson when she tried to lift the team’s performances. It definitely lifted all players especially the baby of the team Indianna Nuspan who, had a blinder in the playoff, and Jasmine Perry. Again trying to snatch victory from the jaws of defeat, we gave away a 5 point lead heading into the last minute but their spirit prevailed and some attacking play saw us cling to a 1 point victory in one of the best games of the day.

Well done on an entertaining day girls.

Tim Whitney

U15 Boys

This team played with great camaraderie throughout the day. They were split into two teams of 5. Even with a man down on both sides, the boys played hard all the way to the final buzzer; pushing each opponent to their limit. The boys played so well that they had to face off against each other in the D Grade Final.

Great stuff, fellas!

Robert Shepherd.

SENIOR GIRLS

Although we had an early start and a long trip down to Coffs Harbour, we were feeling enthusiastic and ready for the long day ahead. The first game was a nervous one but throughout the day our communication and teamwork improved. So much so, that we won two out of our five games. Our joint efforts may not have won us the title but we applaud each other for the outstanding performance. This would not have been the case if it weren’t for Mrs Fitzpatrick, our team manager and Mr Eaton our coach and selector.

Abby Newell and Zenni Walsh

NSW ALL SCHOOLS’ ATHLETICS REPRESENTATION

Sarah Champley of Yr 11 competed in the NSW All Schools Athletics Championships in Sydney 2 weeks ago. Sarah came 2nd in the 400m event and placed well in the 800m. Sarah will now compete at the Australian All Schools Athletics Championships to be held in Adelaide between December 5th and 7th. Congratulations Sarah. The MSPC community wish you all the very best in these Championships.

BERG SHIELD CRICKET

Round 1 versus Trinity Catholic College Lismore

After losing the toss and bowling, Rory Lillis struck in the second over with a neat caught and bowled. However, the batting then dominated the remainder of the innings broken up by a catch by Bailey Engler off Daniel Pouloudis and then by another catch from Heath Godbee-Johnston this time off Joel Antonelli.

Chasing a large total the team remained positive throughout. The best batting performances came from Joel Antonelli 14 off 13, Bailey Engler 18 off 14, Ben Champley 23 off 35 and Fletcher Condon 24 off 24.

Well done to the Mount St Patrick College team on their sportsmanship in the face of strong opposition.

Team List

Web Lillis (C), Bailey Engler (VC), Daniel Acret, Angus Stratton, Fletcher Condon, Benjamin Champley, Joel Antonelli, Harris McLean, Rory Lillis, Daniel Pouloudis, Heath Godbee-Johnston.

Corey Nix (Coach)
DOWNIE TROPHY – OPEN BOYS CRICKET

On Monday October 26th MSPC Open Boys Cricket team played their Round 1 Downie Trophy game against St Joseph’s, Banora Point at Les Cave Oval.

After losing the toss, we were sent into the field on a warm Murwillumbah morning. Some wayward bowling, and quite a few dropped catches, allowed St Joseph’s to pile on the runs and we eventually dismissed them for an imposing 296 runs from 46 overs. Best of our bowlers was Sidney Ewing with 3/54 off 9 overs.

Our run chase started badly with a regular loss of wickets. Will McLean, Evan Litchfield, Sam Byrnes, James Simpson and Rowan Donnelly all made contributions with the bat with some lusty hitting from Lucas Higgins (30) and Webb Lillis (33no) enabling us to reach 172 runs before we were dismissed. While we were soundly beaten, the boys stuck at it until the end and gave a good account of themselves.

Many thanks to our Umpire, Mr Bill Battese and also to Steve Twohill from Murwillumbah Cricket Club for making the club facilities available to us for the day.

Michael Acret

DIO WATER POLO & TENNIS

A reminder to all players in these College teams that your notes and money are due for the upcoming excursions to Ballina and Grafton.

DIO GOLF – YAMBA

A Diocesan Golf Championship will be held at Yamba Golf course on November 23rd. Mr Grant has called a several meetings. If you are interested and hold a Golf Australia Handicap this may be one for you. You MUST give him your name ASAP as you need to register online very soon.

NORTH COAST ACADEMY OF SPORT – GOLF

Nominations have now opened for the 2015/16 NCAS Golf Program. This golf program is proudly supported by Jack Newton Junior Golf (JNJG) and the Bonville Golf Resort. The Program, based at Bonville, has the specific objective of identifying talented junior golfers and providing them with a level of coaching and ancillary athlete education that will assist them in taking the next step in the sport of Golf. The program is designed to expose golfers to skills assessment and development designed by JNJG, new challenges and opportunities, and to complement any lessons / training you are receiving or have received.

The 2015/16 Program will be delivered by the Bonville Golf Resort’s PGA Professional, Richie Gallichan. As well as being the head Teaching Professional at Bonville, Richie is a current Australasian PGA Tour player and has previously played on the Asian Tour, as well as European and Web.com Tour events. As an amateur Richie was a member of the NSW and Australian Institute of Sport, and brings tournament experience and a modern approach to coaching. All athletes will be coached using Trackman and video technology.

To be eligible for selection athletes:
Must be a current registered member of a NSW Golf Club in the North Coast catchment area.
Must be turning 13-17yrs in 2016.
Handicap of: preferably 10 and under for Boys / preferably 15 and under for girls.
Representing at school or club level as a minimum. Preferably at a district level.
Must have a willingness to undertake a structured development program and abide by NCAS policies.
Complete and submit an application form by the due date.
Attend the trial camp Saturday 31st October.

Kind regards,
Candi Boggs | Programs Manager
NORTH COAST ACADEMY OF SPORT
PO Box 157 LISMORE NSW 2480
Ph: (02) 6626 9115 | Fax: (02) 6620 3707
Mb: 0412 693 073
Web: www.ncas.org.au
ABN: 19 536 201 275

COUNTRY RUGBY LEAGUE REPRESENTATIVE HONOURS

Four students from MSPC have been selected after a trial to represent the Northern Rivers. The four, Russell Chandler, Josh Quinn, Daryl Brooks, Jackson Rohweder will attend a series of training camps and trials as well as a three day competition at Narrabeen. We wish Russell Chandler, Josh Quinn, Daryl Brooks, Jackson Rohweder and all the best.

This involves for them
❖ Weekend Camp at Lake Ainsworth Sport & Recreation Centre – 7th & 8th November
❖ Squad Training & Skills Sessions - 29th Nov, 13th Dec 2015 & 17th Jan, 7th Feb 2016 10.00am-1.00pm (NSW) Venues TBA
❖ Academy Camp / Games at Narrabeen Sport & Recreation Centre in Sydney on the 27th & 28th February, 2016
Tim Whitney
Sports Coordinator
CAPTAINS CORNER

Dear parents, friends and students of the College we would like to take this opportunity to acknowledge the contribution made by everyone involved in last term’s Year 12 graduation. Thank you to the SRC, teachers, and staff for their hard work, assistance and preparation. It was a great success and we would like to sincerely thank all who attended and contributed. We wish Year 12 the best of luck for the remainder of their HSC Exams and for their future.

This Friday is World Teachers’ Day and we would like to thank all of our wonderful teachers and staff for the continuous efforts and hard work that they put in for all of their students. We really do appreciate and admire all that you do.

Billi Lansky and Harvey Hodgson
College Captains

MELBOURNE CUP FUNDRAISER

On Tuesday 17th November 2015 students will participate in the annual Melbourne Cup Fundraiser Rewards Day. There are two venues for students to attend depending on their effort and success in selling Melbourne Cup Trifectas.

First prize in the Trifecta is $1,000 with two $1,000 prizes available as well as numerous $50 prizes.

Two competitions will operate as follows:

<table>
<thead>
<tr>
<th>Individual Levels</th>
<th>Class Levels</th>
</tr>
</thead>
<tbody>
<tr>
<td>$30 ½ day at TRAC</td>
<td>$25 per head ½ day at TRAC</td>
</tr>
<tr>
<td>$110 1 day at Wet’n’Wild</td>
<td>$100 per head 1 day at Wet’n’Wild</td>
</tr>
<tr>
<td>Family discounts also apply</td>
<td></td>
</tr>
</tbody>
</table>

AWARDS

LISIEUX

CO-ORDINATOR’S AWARDS

Year 7

Abraham Esau (2), Flynn Everall, Zac Ings (2), Kristen Schmechtig, Jemma Smith, Ryan Alickoli (2), Zoe Lyndon, Matilda Nimmo, Lily Rainford, Macauley Wells, Zachary Wightley, Aidan Willis (3), Vivien Koerner-Straub (2), Ethan Muir, Emyleigh Shepherd (5), Saxon Wales (2), Daniel Acre (2), Jack Adams (3), Chloe Brawley (6), Bryce Evans (3), Georgia Felton (3), Miah Foster, (3), Chantelle Green (3), Sienna Kitchener (2), Zackery Ryan (2), Hannah Walker (2), Madison Wyborn (2).

Year 8


Year 9


Year 10


PRINCIPAL’S AWARDS

Year 7

Abraham Esau, Flynn Everall, Kristen Schmechtig, Jemma Smith, Ryan Alickoli, Matilda Nimmo, Aidan Willis, Vivien Koerner-Straub, Emyleigh Shepherd, Saxon Wales, Jack Adams, Chloe Brawley (2), Bryce Evans, Georgie Felton, Miah Foster, Chantelle Green, Sienna Kitchener, Hannah Walker, Madison Wyborn.

Year 8


Year 9

Keeara Couchman, Kerrod Kirkham, Abigail Stratton, Jesse Wright, Nina Gordon, James Skilbeck, Ella Mathews, Baillie Murray, Caitlin Arthur, Saxon Barrett, Lauren Corby, Emerald Haglund.

Year 10


COLLEGE AWARD

Year 8

Morgan Mathews, Yasmin Charlaou, Lena Hall, Oscar Rogers, Bianca Higgins.

Year 10

Lucas O’Connor

LORETO

CO-ORDINATOR’S AWARDS

Year 7

Jaedon McCulloch, Zane Patience, Anna Smith (2), Madison Van Rosi, Thomas Wharton, Sarah Cook (2), Olivia Newell (2), Sophie Ross (2), Olivia Ryan, Jyah Santos, Joseph Wane (2), Therese Daley, Breena Maes, Indigo Mathes, Cameron McCulloch (2), Brooke Harvey, Oscar O’Keefe, Bill Bristow, Kobi Hunter, Cooper Pollock (2).

Year 8


Year 9

Year 10
Leilanii Boag, Ryan Clark, Laurie Pratt, Sarah Wilson, Blake Horsey, Alex Pettendy, Chloe Ryan, Meckenzie Youngblutt, Sidney Ewing (2), Abbie Jackson (2), Sam Viglione, Luke Griffis-Collier (2).

PRINCIPAL’S AWARDS
Year 7
Olivia Newell, Olivia Ryan, Joseph Warne, Breeanna Males, Kobi Hunter.

Year 8
Emily Gresham, Ruby Livesey, Olivia Pettendy, Tara Minns.

Year 9
Ethan Foster, Tahlia Hall, Heidi Jenal, Julia McRae.

Year 10
Ryan Clark, Alex Pettendy, Abbie Jackson, Luke Griffis-Collier.

COLLEGE AWARD
Year 8
Emily Gresham, Tara Minns.

Year 9
Heidi Jenal

Year 10
Luke Griffis-Collier

LUCAN
CO-ORDINATOR’S AWARDS
Year 7

Year 8
Chloe Donald, Cooper Leslight (2), Jack Wright, Chandelier Nassner, Aidan McDonald.

Year 9
Sophie Askill, Rebecca Dryhurst, David Macartney, Helena Hartwig-Costello, Adam Aboud (2), Charlie Browning, Brianna Dank, Keeleigh Fleming (2).

Year 10
Angus Bourne, Maddison Mumford, Christopher Munro, Marcus Cargnoni, Emily Keogh, Zalie McMaster.

PRINCIPAL’S AWARDS
Year 7
Tamsin Bell, Erin Hamilton, Reece Walton, Jared Carney.

Year 8
Aidan McDonald

Year 9
Helena Hartwig-Costello, Keeleigh Fleming.

Year 10
Zalie McMaster

COLLEGE AWARD
Year 8
Aidan McDonald

Year 9
Helena Hartwig-Costello, Keeleigh Fleming.

CALENDARS & ROSTERS
2015
TERM 4
2015 CALENDAR
Oct 30th  6.30pm MSPC Jazz Band Performance, CBC
Nov 2nd  CCC Cricket Trials, Coffs
3rd  7am – 5pm Dio Water Polo, Lismore, Alstonville, Ballina
5.30am – 7.30pm Dio Tennis, Grafton
Year 10 Exams begin, 5 days
5th  12 x Yr 8’s attending Festa Christi, 2 days
11am–4.30pm Yr 11 Biology Excursion, Hastings
State Debating, Sydney, 3 teams, 2 days
6th  6pm Yr 12 Formal, Murb’ah Civic Centre
10th  Yrs 7, 8 & 9 Exams begin, 5 days
11th  8.30am – 6.30pm Yr 11 RE Excursion, Brisbane

TERM 4 2015 CANTEEN ROSTER
Week 4
26/10  Jane Clare, Krisssy Alexander
27/10  Peter Hyde
28/10  Chris Reynolds
29/10  Melinda Carron
30/10  Jenni Van Den Broek

Week 5
2/11  Julie Van Dan Driest
3/11  Peter Hyde
4/11  Chris Reynolds
5/11  Cara Graham, Jenny Curnow
6/11  Jodie Champley
RRISK (Reduce Risk, Increase Student Knowledge) is a programme which aims to encourage secondary school students to know the facts, be aware of the risks and make informed decisions before they act.

Primarily, the programme’s target audience is the current Year 11 group of students, however, the information provided can be used by other year groups or older students.

Year 11 will be attending a one-day seminar in November and in the lead-up to the seminar the College Newsletter will include articles relating to:

- Young People and Risk Taking
- Adolescent Drinking Behaviour
- Parties - Will You Allow Alcohol at Your Adolescent’s Party?
- Talking to Young People about Alcohol and Drugs
- Australian Alcohol Guidelines for Children and Young People under 18 Years of Age
- Young Drivers aged 17-25 years - Why are they ‘at risk’?
- Drugs, Driving and Roadside Drug Testing
- Tips for Supervising a Learner Driver
- Tips for Supervising a Provisional Driver
- Points to Consider when Buying a Used Car

Today, we include the first article: “Young People and Risk Taking”. We do ask Year 11 families in particular to please take the time to read these articles together as a family as they are extremely helpful.

**YOUNG PEOPLE AND RISK TAKING**

Risk-taking in adolescence is not only normal; it is an essential part of learning and personal development.

Every healthy adolescent takes risks as he or she grows towards independence. Most researchers agree that if there is no risk there is no growth. A common problem for some young people is their inability to evaluate the potential risks and consequences of everyday behaviour.

Thrill-seeking, speeding, the desire to impress one’s friends; feelings of invincibility and the search for new experiences are all motivating forces that drive many teenagers. As a result they are over-represented in every category of risk-taking resulting in injury and trauma.

Our Year 11 students will attend a one-day RRISK Seminar at Murwillumbah Seventh Day Adventist Church on Wednesday 25 November

The RRISK Program aims to reduce risk-taking behaviour associated with alcohol and drug use, driving and partying amongst Year 11 students in the North and Mid North Coast of NSW. RRISK is relevant to the social life, developmental stage and concerns of adolescents.

It extends the school-based drug education and road safety curriculum by providing opportunities for senior high school students to develop knowledge, attitudes and skills to reduce risk-taking and develop safer celebrating strategies.

This year over 4500 students from 59 high schools from Tweed Heads to Port Macquarie will attend one of 10 RRISK Seminars.

Research shows that RRISK is effective in reducing young driver crashes by 44%

The largest study ever undertaken into young driver behaviour was conducted by the George Institute of International Health and published in 2009. RRISK was identified as the only program to have resulted in a 44% reduction in road crashes for participants.

The researchers consider RRISK a best practice program because it builds resilience by equipping young people with strategies and practical skills to manage risks in their social life and on the roads as drivers and passengers.

An earlier comprehensive evaluation conducted between 2002-2005 found an increase in protective behaviour and a decrease in risk-taking for those students who attended the seminars.

Look for information about the RRISK Program on the RRISK website [www риск.com.au](http://www риск.com.au) and in this newsletter over the coming weeks.

Kath Swift, Leader of Wellbeing: Year 11
Year 7 2016 - Orientation Day

Navy Seahawk Helicopter visit