



Dear Parents and Carers,

Welcome to 2020. The holidays quickly become a faded memory as we all move into the school year.

We started the new Mt St Patrick year with a terrific celebration of 2019 Year 12 students' magnificent academic results. As well as fine results, I hope the College assisted families in developing wonderful human beings who will be valued members of their communities. I want to congratulate the entire College community on the results. The teachers, parents and, of course, the students that achieved them. We are called upon to use our gifts and I encourage all of us to use our gifts to be a success in life, professionally and through the various communities which we belong. The College Dux, Simone Ogg, addressed the assembly and excerpts from her excellent speech are included below:

"I only started wanting a high ATAR in about March last year, because I changed my mind about what I wanted to do at Uni. Suddenly I was aiming for an ATAR of 96, and I wasn't sure the new plan would work out. This was partially because I was doing Music, which notoriously scales terribly if you get below 95. This didn't leave me too confident because I don't think I'd ever got an overall mark of 95 in Music. But I loved music, and my perspective was that if I had to give it up to get a high enough ATAR, then it just wasn't worth it. I knew I would still get where I wanted to go eventually, because I knew there is always a work around if you don't get the ATAR you thought you needed. In that sense ATARS really don't matter too much, but I still wanted a 96 because that way I wouldn't need to spend the next 3 years still trying to get into something.

In the end I did way better in Music than anyone expected. It was by far my best subject and actually did wonders for my ATAR. Goes to show that maybe you really should pick subjects you like over subjects you think will be good for your ATAR. You might be surprised.

Doing Music for school was great because I could spend ages doing something for fun instead of studying, but I could still tell myself that *technically* I wasn't procrastinating. Having done Accelerated Maths also made Year 12 a lot more relaxing because I had one less subject to study.

The third reason I had so much time was that I didn't have a job, while most other people did, so I just had more time to do school work. I am lucky enough to have a family who supported me completely, and both my parents had reliable jobs so I could afford to not be working myself.

Actively seeking help when you need it is a big one. If you figure out which aspects of the subject you're not good at or don't understand, and then you ask for help, you'll get back on track in no time. Work with your teachers, and with your friends, because it really is true that the HSC is a collective effort.

I will always be grateful for the opportunities I've had here at Pattys. I've had some great teachers and great friends. If I hadn't moved to this school there is no way I'd have this ATAR, and I wouldn't be off to Melbourne in a few weeks to start the uni course I want to do.

So yeah just a great big thankyou to everyone here who was involved in helping our whole grade do our best and have a good time while we're at it."

I was not here for the class of 2019's journey and commend Mr Paul Clohesy and Miss Mary-Anne McShane for the leadership they gave, which enabled them to flourish which they undoubtedly have. Teaching is a privileged vocation and I thank the parents for trusting us with your children.

The College student leaders spoke at the assembly of our values of Acceptance, Commitment, Community, Compassion, Forgiveness and Justice. These are the bedrock through which we can build lives of real value. I am truly excited and humbled to be given the responsibility of leading the College as principal. The leadership in the College is shared by many and I feel confident that your young people are in safe hands.

I am a strong believer in the little things being important. Mt St Patrick has clear guidelines around uniform, appearance, behaviour, etc and I have asked staff to enforce these consistently. These little things give clarity to day to day school life allowing students to focus on doing the best they can in their studies. We ask the parents support these rules and standards and if students make poor choices assist them in taking ownership and accepting consequences. Failure to comply with College rules can result in students being asked to be collected from the College until they are willing to comply. These are rare occurrences in the Mt St Patrick community and if parents are aware of the standards and assisting in their enforcement, they will continue to be rare. I thank you in anticipation of your support. If you wish to clarify anything please contact the College.

Mt St Patrick welcomes the following new staff:

Brett McCulloch - Science and Maths

Edward Hodges - Additional Needs Co-ordinator

Samantha Lewis - Hospitality and Technology

Corrie Tapsall - Visual Art, Photography and English

Brendan Campbell - Learning Enrichment programmes

Michelle Boyle - English, PDHPE, RE and Art

Jamie Harvey - English and HSIE

Tom O'Shea - Technology and Multimedia

Mitchell Anderson - Teacher's Aide

Cindy Clarke - Wellbeing Assistant and Student Support Worker

Emmie Nuku and Bernadette Desmond will be sharing the Counsellor's role.

2019 College HSC graduates, Cassidy Baker and Cooper Leslight will be our Youth Ministry Officers, James Keogh the IT/Entertainment trainee and Isaac Wareham the Sports trainee.

### **KINGSCLIFF BUS**

With increased enrolments from the Kingscliff area we are aware of overcrowding and therefore safety issues associated with the number 1220 afternoon Surfside school bus that goes express to Kingscliff High School and the number 1212 morning bus service from Kingscliff. Please be assured that we are doing what we can to address the issue - decisions on running extra buses are totally out of our control and lie with NSW Transport. I, along with other staff members here have contacted both Surfside and NSW Transport about the issue both by 'phone and email. The department has assured me they will be investigating the bus however this can take time so extra pressure applied by our families can only help the situation. I encourage families concerned about this issue to make direct contact with NSW Transport on 131500 or Surfside Buses on 07 55362551 (Surfside is likely to direct you to NSW Transport) and make particular reference to the route numbers outlined above. Hopefully this situation can be rectified quickly.

### **STAFF DEVELOPMENT DAY**

Monday, Week 6, 2nd March is a Staff Development Day at the College and there will be no classes or supervision for students on that day. I apologise for any inconvenience caused, but I feel confident that it will result in benefits for students. Thank you for your understanding.

I look forward to a fantastic year.

Regards



Paul Reidy  
Principal

# FROM THE ASSISTANT PRINCIPAL

## PARTIAL ABSENCES/APPOINTMENTS DURING SCHOOL TIME

Please try and limit students going to appointments during school time, particularly on Tuesday Sport afternoons. Year 12 students do not attend sport but have extra lessons on Tuesday afternoons of most weeks. So it is important that they are in attendance. If appointments are unavoidable such as with orthodontists, parents are asked to follow the following procedure.

Students with an appointment to attend on any school day need to bring a signed parental note which they present to their House/Year Co-ordinator for signing in Morning Admin. On Sports Day students need to have their note signed by Mrs Shields (at Recess) or Mrs Baldini (at Lunchtime) in the Deputy's Office.

Parents are asked to come to the College Office to pick up Year 7 – 10 students who are going on appointments. Year 11 and 12 students do not have to be picked up but parents will be rung when the student is leaving. However, every student is required to sign the Leaver's Book, located at the office, when they are departing.

## SCHOOL PHOTOS

Individual, staff and Year 12 Group Photos will be taken next Tuesday 11th February. The homeroom and SRC photos will be taken on Thursday 13th February in the Gilbey Hall. Year 12 are to be in full dress uniform on both of these days. All other students are to wear their full dress uniform on Thursday 13th February. They will be photographed individually and in homerooms, even if parents do not wish to purchase a photo pack.

Students received individualized Photo Envelopes in homerooms to take home and parents wanting to purchase photos should send in the completed form with their student on Tuesday 11th or Thursday 13th February. Ordering and payment can be done online. The individualized envelopes have the student's unique barcode on the front for easy reference for the photographers on the day of the photos.

There are special envelopes available from the office for parents wanting sibling photos of College and/or MSPP or SJPS students. They are timetabled by the photographers. Sibling photos will be taken throughout the day on Thursday 13th February.

## COLLEGE SWIMMING CARNIVAL

College parents, grandparents and friends are invited to come along to our annual Swimming Carnival from 8.30am – 2.50pm tomorrow Friday 7th February at TRAC.

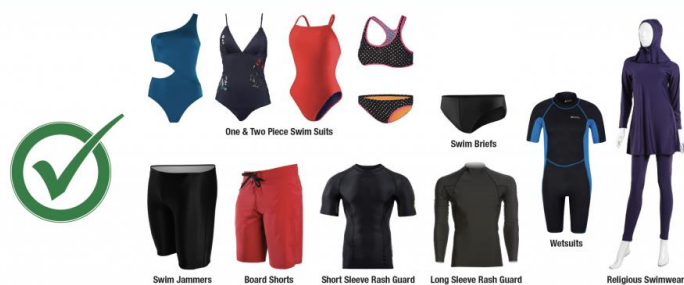
Students are to either report directly to TRAC with their entry money or come to the College as usual and staff and senior students will walk groups down to TRAC at 8.20 and 8.35am. Students can wear their house outfits to the Carnival but will change into their sports uniform at the end of the day. No student will be given permission to leave the Carnival during the day for appointments, except in the company of their own parent/s. All students will return to the College to connect with their afternoon buses or to walk home.

Bring plenty of water to drink, sunscreen and enthusiasm for your House. Parents please check that their daughter's swimmers are modest and appropriate for a school Carnival, i.e. no bottom cheeks or breasts revealed. Pictures of acceptable / unacceptable swimwear were provided on the reverse of a note that went home last Friday with students. It is reprinted again below. We look forward to a great day!

Mary-Anne McShane  
Assistant Principal



## Approved Swimwear



## Prohibited Apparel



## FROM THE CURRICULUM CO-ODINATOR

### HSC Assembly

Last Friday 31<sup>st</sup> January the extraordinary performance of the 2019 Year 12 cohort in the HSC was celebrated at the First Assembly. Students were presented with medallions for achieving a Band 6 in a subject. Mt St Patrick College received 79 Band 6's in a range of subjects. The College was ranked 104 in the State and is the highest ranking Catholic School in NSW Country.

24 students received an ATAR above 90 which ranks them in the top 10% of NSW. This is an amazing effort for a non-selective school in regional NSW.

There were many special awards presented which are listed towards the end of this newsletter. However the following are some standout achievements:

- James Keogh – 1<sup>st</sup> in Multimedia in the State, 2<sup>nd</sup> in Earth and Environmental Science
- James Bagnall – 1<sup>st</sup> in Earth and Environmental Science in the State
- Anthea Warne – 8<sup>th</sup> in Ancient History in the State
- Simone Ogg – 3<sup>rd</sup> in Music 1 in the State
- Cecelia Ryan – 2<sup>nd</sup> in PDHPE

These were outstanding efforts. Each teacher highlighted the efforts of the students and the importance of working collaboratively.

We wish the cohort of 2019 all the best for their future endeavours and hope they will visit and inform us about their exciting journeys.

I hope that the assembly inspires our future HSC students to set goals and aim towards them. As long as they know they have tried their best then they should be happy with the results.

### Classes

The students of 2020 have settled into their learning groups and commenced their academic year. Any concerns about learning groups can be directed to me.

### Electives

Students can direct requests to change electives to me and if there are positions available I will grant the request. No changes will be permitted for Years 9 and 10 after Week 2. Year 11 will not be permitted to changes after Week 6 as students need to settle into their classes and focus on their study.

Narelle Sherrah  
Leader of Curriculum

## FROM THE WELFARE CO-ODINATOR

Welcome back to another school year! This year we have some changes to our Wellbeing staff.

I would like to list our staff so that you know who to contact if a need arises.

Yr 12 : Mrs Kath Swift  
Yr 11 : Mr Mat Lynch  
Lucan 7-10 : Mr Josh McCormack  
Nagle 7-10 : Mrs Robyn Fitzpatrick  
Loreto 7-10 : Mrs Majella MacPhail  
Lisieux 7-10 : Mrs Margaret Baldini

In addition to the Leaders of Wellbeing listed above, four assistants have been allocated to help if any of the above teachers are absent. These staff are:

Louise Devine, Steph Carroll-Bennett, Dean Bressan, Stephanie Anderson.

All parents should receive a welcome letter from their child's Homeroom teacher this week, which outlines some details regarding requirements, responsibilities and communication for 2020.

Our two College psychologists are: Emmie Nuku and Bernadette Desmond.

Our Wellbeing Coordinators are this year are housed in a common area, which is being referred to as the "Wellbeing Hub".

Students are able to access this space should they be:

- feeling overwhelmed, angry, etc
- on in-school suspension
- requiring a Wellbeing Coordinator



We have employed Cindy Clarke, a Social Worker, to work in this space in an administrative role for the wellbeing staff and a counselling role for the students.

We look forward to working with your children in 2020.

Louise Shields  
Student Welfare Co-ordinator

## FROM THE LEADERS OF WELLBEING

### LISIEUX

Welcome all Lisieux students and parents to MSPC 2020! We send an especially warm welcome to parents of Year 7 students and our 2 new Year 10 boys, John Lush and Sasha Monniot-Kerr.

Last Thursday, 30<sup>th</sup> January, Year 7, 11 and 12 met with their homeroom teachers: F31 Mrs Starkey; F32 Miss Lacey; F33 Mrs Gardner / Mrs Staunton / Miss Boyle; F34 Mr Grant; N40 Mr Rice; O45 Mr Morosini; Year 11 Mrs Mobbs and Year 12 Miss Pinkstone. I would also like to welcome Mrs Stephanie Anderson as Assistant to the Lisieux Co-ordinator.

On Friday, we welcomed back Years 8, 9 and 10. Our College Assembly was to acknowledge our amazing 2019 HSC students and to welcome everybody to 2020. Lisieux also had a special moment when our House Captains, Matilda Nimmo and Zac Wightley accepted the MSPC Champion House Trophy for 2019. What an awesome achievement Lisieux!

Friday afternoon was devoted to House Meetings. All of Lisieux (Years 7 – 12) managed to squeeze into S Labs 1 & 2. We sang along to Queen's "We Are The Champions" (very humbly of course) then we prayed together, learned a little about our Patron Saint – St Therese of Lisieux, reviewed the phone, uniform, out of bounds and swimwear policies, then listened to our captains deliver information about the upcoming swimming carnival and sport selection for Term 1. We then joined the other houses in the Gilbey Centre to do our chants and the College War Cry. Our congratulations also to Ella McKnight and Darcy Hannah, our Assistant House Leaders.

We welcome all parents to the Swimming Carnival tomorrow 7<sup>th</sup> February. I also wish to emphasize that this is a whole school event, where attendance is compulsory. Should your son/daughter have a valid reason for not swimming, please write a note, and the student can help our during the day to earn House Points.

Marg Baldini  
Leader of Wellbeing – Lisieux

### LUCAN

Welcome back to a new school year. I hope the holidays were full of adventure, rest and excitement about the coming 2020 school year. I would like to welcome all new and past Lucan students to the Green Machine that is Lucan, especially the 44 new Year 7 students. All students have started the year well and we look forward to a thrilling and action-packed year. I would like to take this opportunity to introduce and welcome Lucan homeroom teachers and student leaders for 2020.

Mr Tom O'Shea	Luc S16
Mr Peter Callaghan	Luc S17
Mrs Sue Hoy	Luc S19
Mrs Cassie Allen	Luc S20
Mrs Jackie Tilsley	Luc SLab1
Mr Jamie Harvey	Luc SLab2
Mr Brendan Campbell	Year 11 Lucan
Ms Sandra Salamacha	Year 12 Lucan
Ms Louise Devine	Assistant Coordinator
Student House Leaders – Jared Carney and Hayley Smith	
Assistant House Leaders – Cooper Geer and Sashi Wills	

As the swimming carnival is on tomorrow 7<sup>th</sup> February, Lucan students are preparing enthusiastically with Green outfits and a competitive attitude. There are two options for swimmers: competitive swimming events or non-competitive events. I have encouraged all Lucan students to participate in, at least, one race or more if possible ,boosting our participation points.

We had a house meeting full of information last Friday, however I delivered our Lucan House goal for 2020, as 'One in All in', challenging students to take a step out of their comfort zone, trying something new which may encourage others to do the same. We will refer to this throughout the year in House meetings and House celebrations. Should you have any concerns or questions please do not hesitate to contact me.

Josh McCormack  
Leader of Wellbeing – Lucan  
GO GREEN MACHINE

## **LORETO**

Welcome to 2020!

Like the start of any year, this has been busy and full of positive energy as we welcome back all students, but especially the new Year 7 students and Heather Pickett who is in Year 8. I would also like to formally welcome two new staff to Loreto, Ms Corrie Tapsall and Mrs Samantha Lewis.

The Swimming Carnival is on tomorrow 7<sup>th</sup> February and this is our first opportunity to win back the Champion House Trophy and show the rest of the College what we are capable of. I would like all students to attend the carnival and do what they can to put into action our 2020 slogan, "Teamwork makes the Dreamwork".

I'm pleased to see all students well-groomed and in correct uniform. It is these little things that make a difference and reflect our Loreto motto of, "Heart and Mind" in all that we do. I thank you very much for your support in this process. The Loreto Homeroom teachers for 2020 are as follows:

F27 – Mrs Cathy Cripps  
F28 – Mr Michael Acret  
F29 – Mrs Dana Shoobridge  
F30 – Miss Grace Molloy  
M25 – Ms Corrie Tapsall  
M26 – Mrs Samantha Lewis  
N36 – Mr Luke O'Grady (Year 11)  
O44 – Ms Sher Millward (Year 12)

My assistant Leader of Wellbeing this year is Mrs Stephanie Carroll-Bennett, who along with myself and the homeroom teachers are here to help with any concerns or questions you might have this year. Please feel welcome to make contact via phone or email and we will offer any support necessary to help you in providing the best possible learning experience for your son or daughter.

To aid with this I have included the following information:

- Updated Wellbeing Policy for Merits and Discipline to be emailed home.
- Parent Portal is available- phone the office for your family code
- Lunch help in English - Monday N38
- Lunch help in Mathematics – Thursday F31
- Homework help is provided in Learning Support on a Thursday afternoon 3.30 – 4.30pm
- The Learning Hub is open Wednesday afternoons from 3.15 – 5.00pm
- Diaries need to be signed each week in preparation for our Thursday morning uniform and diary check.

Best wishes for the year ahead and "Up with Blue Pride"

Majella MacPhail  
Leader of Wellbeing - Loreto

## **YEAR 12**

Year 12 students have made an extremely positive start to the year wearing their College uniform with pride and settling into the initial stages of their final year of schooling in a diligent and organized manner. The Year 12 homeroom teachers for 2020 are as follows:

Year 12 Lisieux Mrs Katie Pinkstone  
Year 12 Nagle Mr Simon Holder  
Year 12 Lucan Ms Sandra Salmacha  
Year 12 Loreto Mrs Sher Millward

I am looking forward to working with these teachers and students throughout this important year and wish the students well for their HSC studies.

Study lessons for Year 12 students will commence from next Tuesday afternoon on a subject rostered basis. All students are required to attend these double lesson sessions in their relevant subjects. In the past this extra lesson time has proved invaluable as a means of revision and consolidating course content and skills.

All Year 12 students are leaders and role models in our College and as such need to participate enthusiastically in College events and promote the College values of service and compassion. Year 12 is a year of "last" school experiences for students such as the "last" first day of a school year and on Friday students will participate in their "last" College swimming carnival. I hope that they lead the junior students with pride and by example.

A highlight of the final year of school at Mt St Pat's is the unique Year 12 Retreat experience. This will take place from 19<sup>th</sup> – 21<sup>st</sup> February at Camp Bornhoffen. Further details will be provided to students next week.

The order has been placed for the Year 12 2020 jerseys and they are expected to arrive at the end of March. Special thanks goes to Matilda Nimmo for her efficient organisation of this. Students who may have not yet paid for their jersey are required to pay \$80 at the College office as soon as possible.

Finally, best wishes to students and their families for a memorable and meaningful "last" year at MSPC. I am here to ensure the wellbeing for all students so if parents and caregivers have any concerns over the course of the year regarding your student please do not hesitate to contact me at the College by phone or by mail.

In Hoc spes Mea  
Kath Swift  
Leader of Wellbeing - Year 12

## **FACULTY NEWS**

### **MINISTRY**

#### **YEAR 10-12 RETREATS 2020**

The 2020 Year 12 Retreat will take place on Wednesday 19th February to Friday 21st February (Week 4, Term 1) and the Year 10 Retreat from Wednesday 11th March to Friday 13th March (Week 7, Term 1) at Camp Bornhoffen. This is an important opportunity for students to reflect upon their lives in a very busy year, especially their relationships with family, friends and God. A letter regarding details (eg cost \$200.00) was emailed this week and further details about requisites will be given closer to the retreats. Students are reminded to return their permission notes to the College Office by Friday 14th February (Year 12) and Friday 6th March (Year 10). The early notification of the retreats in newsletters last year was to enable families to plan and budget for these important occasions (Costs are included as part of School Fees), as the early part of the new College year is always expensive.

The retreats are seen as integral to the philosophy and ethos of the College and therefore the retreat is compulsory for all students. It is also an essential part of their holistic development. If students are unable to go for any reason, they should see our principal Mr Paul Reidy or myself. Parents are asked to ring the College if further clarification is needed.

#### **MEALS ON WHEELS 2020**

Parent drivers are still needed to assist with this very worthwhile endeavour ..... delivering meals to those in our community who are unable to look after themselves.

All parents, especially Year 10 parents (2020), are invited to become a part of this by volunteering to drive from 11.00am till 12.30pm. Our College does MOW once every 5 weeks, and we need 4 drivers for that week. So, if we have 16 parent drivers, then your commitment would be one day (for 1 ½ hours) every 20 weeks. Students would also be involved approximately once every 10 weeks.

This is a simple yet effective way of giving visible witness to the message of Jesus: "Whenever you did this for one of the least important of these brothers of mine, you did it for me" (Matt 25:40-41).

If any parents are able to help, please ring the College (66722340) and leave your name, phone number and preferred day(s). Thank you in anticipation of your help.

#### **THE NATIONAL SCHOOL CHAPLAINCY PROGRAM (NSCP)**

The National School Chaplaincy Program (NSCP) is an initiative of the Commonwealth Government. The New South Wales State Government administers the NSCP on behalf of the Commonwealth. For the past nine years the College has been involved in this Program.

The NSCP focuses on the delivery of pastoral care through Student Support Workers. A school Student Support Worker's role is to support the emotional wellbeing of students by providing pastoral care services and strategies that support the broader school community. Pastoral care is defined in the NSCP Agreement as 'the practice of looking after the personal needs of students, not just their academic needs, through the provision of general spiritual and personal advice.'

As stated in the NSCP Project Agreement, participation by schools and students is voluntary. Student Support Workers are not permitted to proselytise, they must respect, accept and be sensitive to other people's views, values and beliefs.

As part of the role, the College Student Support Worker coordinates several Community Service Programmes. If anyone has any queries, please contact the College.

## Voluntary Participation and Consent

Ms Cindy Clarke is the Student Support Worker employed under the National School Chaplaincy Program at Mt St Patrick College. The National School Chaplaincy Program is managed by the State Government through funding by the Federal Government.

Sometimes there will be occasions when the Student Support Worker will ask your student to participate in activities which fall under the above program. If you do not wish your child to participate please complete the form indicating in which area you do not give your permission and return to the College as soon as possible.

I do not give consent for \_\_\_\_\_ to participate in:

(please circle)

- whole school/class activities Y / N
- group activities Y / N
- one-to-one services Y / N

Signed \_\_\_\_\_ (parent/guardian)

Date \_\_\_\_\_

Michael O'Donohue  
Leader of Evangelisation

## **FROM THE SPORTS DESK** **COLLEGE SWIMMING CARNIVAL**

The College Swimming Carnival is on tomorrow at the Tweed Regional Aquatic Centre. Students can arrive in House colours as long as they are in shoes, socks and have the College hat on. They will be asked to change into their Sports Uniform at the completion of the carnival or before leaving, prior to the presentation. I remind parents about the importance of labelling all items of clothing.

Entry fee is \$3 per student. Students with a yearly pass to the TRAC do not have to pay. Increasing numbers at the College means that space is at a premium and one House group will need to be seated on the Hill area at the end of the pool. We have a number of large tents which we will use, at this point, to keep staff and students out of the rain.

The College Swimming Carnival records and program can be found at the end of this Newsletter, good luck to all our competitors.

## **TERM 1 SPORT**

This week, students from Years 7 – 11 have had the opportunity to make a sports selection for Tuesday afternoon sport during Term 1. Those students who are interested in training, then trailing for College representative sports have made their selections and other students have opted for the weekly sports sessions held at school and at Les Cave Oval. Sport will begin next Tuesday 11th February. Students will be given further instructions on this by their homeroom teachers on Monday and Tuesday morning next week.

## **TRIATHLON**

The NSWCCC All Schools' Triathlon event is coming up soon and entries close shortly. Any interested students and families need to register through the new look CSNSW website: <https://csnsw.sport/>

## **IMPORTANT DATES TERM 1**

It will be a busy sporting term for us all, here are some dates to put in your diaries:

NSW All School Triathlon 26 & 27<sup>th</sup> Feb – Penrith (need to have registered <https://csnsw.sport/> by 19th February)

Diocesan Touch Football Trials 3<sup>rd</sup> March – Coffs Harbour (need to have registered by 18<sup>th</sup> Feb  
<https://sport.lism.catholic.edu.au/registration/>)

Q Schools Cup Aussie Rules Junior Boys and Girls 4th March – Byron Bay

Diocesan Swimming 5th March – Lismore

Q Schools Cup Aussie Rules Senior Boys and Girls 6th March – Byron Bay

Tweed Shire Golf Championships 10<sup>th</sup> March – Murwillumbah GC

Titans 9's Rugby League 12<sup>th</sup> March – South Tweed

Diocesan Winter Sport Trials (application only – <https://sport.lism.catholic.edu.au/registration/>) 17<sup>th</sup> March – Lismore

Diocesan Tennis 17<sup>th</sup> March – Arkinstall Park



Girls League Tag 24<sup>th</sup> March – Murwillumbah

NSWCCC Swimming 31<sup>st</sup> March – Sydney

Diocesan Northern Open Soccer Boys and Girls 1<sup>st</sup> April – Lismore

Diocesan Open Basketball 1<sup>st</sup> & 2<sup>nd</sup> April – Coffs Harbour

### **SURF LIFE SAVING**

Last weekend over 1500 Surf Sport competitors descended on Kingscliff and competed in the NSW Country Surf Life Saving Championships. Congratulations to all who took part and enjoyed themselves in and out of the water. Congratulations to Hayley Smith who interviewed on the local news and won a swag of medals over the two days of competition.

Tim Whitney  
Sports Coordinator

## **COLLEGE NEWS**

### **2020 YEAR 9 ACTIVITY WEEK.**

In Term 3 Week 3 all Year 9 students will have the option of being involved in either one of two activities during Year 9 Activity Week.

The annual Snowy Canberra Excursion will continue to operate in a similar format (5 day Canberra/Perisher) leaving on Sunday 2<sup>nd</sup> August and a local Recreational 4 day excursion (Burleigh Heads) beginning on Monday 3<sup>rd</sup> August. All students will be required to attend one of the two options as part of the College 'Extending Your Horizons' Program.

Snowy Canberra excursion will be capped at 100 students with selection criteria and a ballot to take place if more than 100 people apply. Those who do not attend Snowy/Canberra go to the Burleigh Heads Recreational Excursion.

A Camp Levy will be included in all Year 9 students' annual school fees, however for those wishing to attend the Snowy Canberra Excursion the approximate cost will be \$1650 in total. More information will be given to students to bring home in Week 3, Term One. Please return this interest note to the front office via your son or daughter by Week 3, Friday 14<sup>th</sup> February. Any questions please feel free to contact Mr Josh McCormack or Mr Tim Whitney at the College.

### **LITERACY**

All students are welcome to attend English and Literacy Support every Monday at lunchtime in N38. This is an opportunity for all students to get help with homework, assignments, or literacy skills.

Mr Holder  
Literacy Co-ordinator

### **FIRST PARENTS & FRIENDS MEETING FOR 2020**

The first meeting of the College Parents & Friends Association for 2020 will be held on Monday 10 February 2020 starting at 5:30 pm in the College Staff Room. This meeting will include our Annual General Meeting.

All parents (new and old) are most welcome to come along and find out how the P&F supports the College.

Wine and nibbles provided (no this is not a bribe!)

See you all at 5:30 on Monday 10 February.

Queries or concerns? Please contact Mary-Ann on 0413 277 700

### **PARENTS OF YEARS 7, 8 AND 10 2020**

#### **NSW SCHOOL VACCINATION PROGRAM**

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2020 the following vaccines will be offered:

<b>YEARS</b>	<b>VACCINE</b>	<b>NUMBER OF DOSES</b>
Year 7	Human papillomavirus (HPV) vaccine	2-doses at least 6 months apart
	Diphtheria-Tetanus-Pertussis (whooping cough) vaccine	Single dose
Years 10	Meningococcal ACWY vaccine	Single dose

*Parent Information Kits* that include an information sheet, consent form and privacy statement will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child's school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Please note that, to improve vaccination completion, students will be opportunistically offered any missed doses during Year 7 or 8 (for HPV and dTpa vaccination) and during Year 10 or 11 (for Meningococcal ACWY vaccination).

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at [www.health.nsw.gov.au/immunisation/Pages/withdraw\\_consent.aspx](http://www.health.nsw.gov.au/immunisation/Pages/withdraw_consent.aspx).

**A Record of Vaccination will be provided to each student vaccinated at each clinic either as a physical card or a text message sent to the mobile number recorded on the consent form. Details about vaccinations given at school will also be uploaded to the Australian Immunisation Register (AIR) to support complete vaccination histories.**

At Mt St Patrick College the first round of immunisations will take place on Wednesday 25<sup>th</sup> March 2020, for Year 7 (HPV Dose 1 and /or Boostrix) and catch ups for Year 8 HPV (if commenced in 2019).

The Parent Information Kit will be home with students on Wednesday 4<sup>th</sup> March.

The second round of immunisation will take place on Wednesday 17<sup>th</sup> June for Year 10 students (Meningococcal) and catch ups from Year 7 and 8 from Round 1. The Parent Information Kits will be sent home via students on Wednesday 27<sup>th</sup> May.

## **2020 NEPAL TRIP**

### **CELEBRATE THE END OF YEAR 12 WITH YOUR CHILD ON A TRIP TO NEPAL!**

What could be better way to mark the occasion of your child finishing year 12 than by sharing an experience with them volunteering in a Children's Home, sightseeing and light trekking in Nepal!

This will be the fifth year this tour has been run and it is now open to Parents / significant adults to share this amazing experience.

#### **Previous Parent comment**

"The experiences you have led kids on & all the other kids over the years have created great memories & has help build their independence & personalities.

"Thanks Jim you are a great mentor to all the kids. You've opened their eyes to the world, given them an amazing time they will remember all their lives and taught them how to be responsible global citizens. I'm really grateful Xxxxxx has had this experience. Thank you!"

#### **Nepal 2020 schoolies alternative tour dates are December 2 – 18.**

Please look at the itinerary on our website and contact me to reserve your place:

[WWW.FOCUSTOURS.NET](http://WWW.FOCUSTOURS.NET)

Mt St Pats students get a discount on the internet price to make it \$2950

Look forward to hearing from you

Mr. Jim Smith

Focus tours

[jim@focustours.net](mailto:jim@focustours.net)

# AWARDS

## 2019 HSC HIGH ACHIEVERS AWARDS

### DISTINGUISHED ACHIEVERS

Troy Alexander, Charli Anderson, Emily Annandale, Georgina Avery, James Bagnall, Cassidy Baker, Benjamin Champley, Yasmin Charilaou, Maximilian Davis, Julian Dorfer, Edward Dover, Liliana Evans, Alexander Flannery, Taleigha Garbett, Lena Hall, Bianca Higgins, Alana Hurst, Billie Jacks, Joshua Jones, James Keogh, Sarah Littlewood, Elliott McGaughran, Callum Moss, Indiana Nuspan, Simone Ogg, Olivia Pettendy, Oscar Rogers, Cecilia Ryan, Neisha Sharp, Ella Shultz, Sophie Stoneman, Jordan Tilsley, Jesse Vrbanic, Anthea Warne, Zeta Zahra.

### TOP ATAR

Emily Annandale, James Bagnall, Cassidy Baker, Benjamin Champley, Yasmin Charilaou, Julian Dorfer, Alexander Flannery, Taleigha Garbett, Lena Hall, Billie Jacks, Joshua Jones, James Keogh, Sarah Littlewood, Aidan McDonald, Elliott McGaughran, Simone Ogg, Cecilia Ryan, Ella Shultz, Sophie Stoneman, Jordan Tilsley, Jesse Vrbanic, Anthea Warne, Zeta Zahra.

### TOP ACHIEVERS

Charli Anderson	- INTECH Nomination
James Bagnall	- 1 <sup>st</sup> in NSW - Earth and Environmental Science
Maximilian Davis	- Industrial Technology - INTECH Nomination
Julian Dorfer	- ENCORE Nomination
Edward Dover	- INTECH Nomination - INTECH Selection
Bianca Higgins	- ART Express Nomination
Alison Jones	- ART Express Nomination
James Keogh	- 1 <sup>st</sup> in NSW - Industrial Technology - Earth and Environmental Science - INTECH Nomination
Callum Moss	- INTECH Nomination
Simone Ogg	- All Rounder - Top ATAR 99.1 - Music 1 - ENCORE Nomination
Cecilia Ryan	- All Rounder - PDHPE
Anthea Warne	- Ancient History

### MSPC PERPETUAL TROPHIES

Anthea Warne	- 3 <sup>rd</sup> Aggregate
Cecilia Ryan	- 2 <sup>nd</sup> Aggregate
Simone Ogg	- DUX

### CALTEX PRIZE FOR ALL ROUND EFFORT

Ella Larkin

### ADFA AWARDS FOR LEADERSHIP

Thomas Gresham	- Year 10
James Keogh	- Year 12

## CO-ORDINATOR'S, PRINCIPAL'S AND COLLEGE AWARDS 2020

### LISIEUX

#### CO-ORDINATOR'S AWARDS

##### Year 8

Brayden De Jonge, Anja Griffin.

##### Year 9

Zatalia Gumm, Reagan McClymont, Morgan O'Connor.

##### Year 11

Miah Foster, Lily Rourke.

#### PRINCIPAL'S AWARDS

##### Year 8

Anja Griffin.

#### LORETO

#### CO-ORDINATOR'S AWARDS

##### Year 8

Finn Byrnes, Isobel Gresham, Jaxon Johnson, Tahlia Males, Sienna Matheson, Monique McDougall, Alexis Pelican, Sascha Worley.

##### Year 10

Wren Dunbar, Zoe Gatt, Thomas Gresham, Bella Kidman.

#### PRINCIPAL'S AWARDS

##### Year 8

Finn Byrnes, Monique McDougall.

##### Year 10

Wren Dunbar

#### LUCAN

#### CO-ORDINATOR'S AWARDS

##### Year 8

Kai Broomfield, Elijah Kirk (2), Harrison Lever, Ava Price, Emmett Stepto.

##### Year 9

Ayla Fing, Lily Van Den Driest.

##### Year 11

Jya Fing

#### PRINCIPAL'S AWARDS

##### Year 8

Kai Broomfield, Elijah Kirk.

#### NAGLE

#### CO-ORDINATOR'S AWARDS

##### Year 8

Imogen Andrews, Sienna Bull, Rosie Davis, Jack Gardner, Michael Lack, Theodore Parsons.

##### Year 9

Dylan Lewis

##### Year 10

Cameron Evans, Jordan Giddy, Miranda Larkin, Bonnie Scanlan, Alkira Tyack.

#### PRINCIPAL'S AWARD

##### Year 8

Imogen Andrews, Sienna Bull.

##### Year 9

Dylan Lewis

##### Year 10

Miranda Larkin, Alkira Tyack.

#### COLLEGE AWARDS

##### Year 10

Miranda Larkin, Alkira Tyack.

# CALENDARS & ROSTERS

## Term 1

### Week 3

Mon	10/2	Day 6	Mon	17/2	Day 11
Tues	11/2	Day 7	Tues	18/2	Day 12
Wed	12/2	Day 8	Wed	19/2	Day 13
Thurs	13/2	Day 9	Thurs	20/2	Day 14
Fri	14/2	Day 10	Fri	21/2	Day 15

### Week 4

## CANTEEN ROSTER

### TERM 1

#### Week 3

10/2	Lisa Blackwell-Barnes
11/2	Lisa Stella
12/2	Chris Reynolds
13/2	Tanya Kingston
14/2	Gene Molloy

#### Week 4

17/2	Jenny Gatt
18/2	Catherine Holliday
19/2	Chris Reynolds
20/2	Jacqui Harris
21/2	Sharon Horner

## 2019 CALENDAR

Feb 7 <sup>th</sup>	MSPC Swimming Carnival, TRAC
11 <sup>th</sup>	8.30am Staff/Year 12 Group and ID Photos
12 <sup>th</sup>	9.30am Inaugural Mass, Sacred Heart
13 <sup>th</sup>	Homeroom Photos
13 <sup>th</sup> – 14 <sup>th</sup>	Drama Excursion, Sydney
19 <sup>th</sup> – 21 <sup>st</sup>	Year 12 Retreat
20 <sup>th</sup>	Newsletter Home

# COMMUNITY NEWS



**Play AFL!**



**MURWILLUMBAH VULCANS JUNIOR AFL**

**SIGN ON FOR 2020**

**Saturday 8<sup>th</sup> February**  
Murwillumbah Services Club  
9.00am – 12.00pm

**Sunday 16<sup>th</sup> February**  
John Rabjones Oval Clubhouse  
9.00am – 12.30pm

Online registration open **NOW**  
Boys and Girls u6 to u17  
[www.murwillumbahvulcans.sportingpulse.net](http://www.murwillumbahvulcans.sportingpulse.net)



For more details contact:  
Coaching Coordinator  
Toni Fields 0428 769 759  
Secretary  
Tania McDonald 0428 799 390

Come and join the Fun!



**Colts Murwillumbah Junior Rugby League**

**2020 Season Sign On**

**11am to 2pm**  
**Saturday 1st February**  
**Saturday 8th February**

**at Murwillumbah Leagues Club**  
**1 Dorothy Street Murwillumbah**  
**or register at**  
[www.playrugbyleague.com](http://www.playrugbyleague.com)



**Casuarina BEACH HOCKEY CLUB**  
[www.casuarinahockey.com](http://www.casuarinahockey.com)

## HOCKEY SIGN ON

Use your Active Kids Vouchers

Sunday 9<sup>th</sup> February 2020 3pm - 5pm  
Casuarina Hockey Club, Barclay Drive,  
Casuarina

For more details contact our club via  
email: [casuarinahockey@yahoo.com](mailto:casuarinahockey@yahoo.com) or  
Facebook: [hockeycasuarina](https://www.facebook.com/hockeycasuarina)  
[www.casuarinahockey.com](http://www.casuarinahockey.com)

### 2020 HOCKEYTWEED Game Schedule

Monday afternoon	Super 6 Hockey Year 1 & 2, 3 & 4, 5 & 6 at Murwillumbah
Tuesday evening	U16 Girls at Murwillumbah
Friday afternoon	U13 Boys at Murwillumbah
Friday evening	U16 Boys at Murwillumbah
Saturday morning	U11 & U13 Girls at Murwillumbah and local grounds U11 Boys at Murwillumbah and local grounds

**HOPE TO SEE YOU THERE!**





## **Instrumental Music Lessons**

### **Music makes the Difference!**

I would like to invite you and your child to consider being a part of the Mt. St. Patrick College Instrumental Music Program in 2020, where students are given access to quality tuition in a range of musical instruments.

Music is a wonderful skill for any young person, and research has shown that as well as fostering discipline, creativity and self-expression, music lessons can help your child in many other ways. Learning music leads to improved reasoning and problem solving skills, greater concentration and better memory. Playing music also helps to develop social and group working skills, and enhances mathematics and language performance.

#### LESSON DETAILS:

Most music lessons take place during school hours, but after and before school lessons may be arranged with individual teachers. Instrumental lessons are a half an hour in length and are held at the same time each week. Lesson fees range from \$25.00 - \$35.00 for an individual lesson. Group lessons at a reduced rate can be arranged where possible. When your child has attained a competent level on their instrument it will be expected that they join the school band. Below is the information for each of the teachers and lessons available. You can contact the teacher directly to arrange lesson times.

<b>WOODWIND:</b> Saxophone, Clarinet, Flute Teacher: <b>Jake Bryant</b> Mobile: 0408831127	<b>BRASS:</b> Trumpet, Trombone Teacher: Mobile:	<b>DRUMS &amp; DRUMLINE</b> Teacher: <b>Mikey Minh</b> Mobile: 0410 036 982
<b>GUITAR AND KEYBOARD:</b> Guitar, Bass, Piano up to Grade 4, Keyboard Teacher: <b>Peter McLaughlin</b> Home: 02 6677 1365 / 0447022130	<b>STRING:</b> Violin Teacher: <b>Alison Fletcher</b> Mobile: 0419 930 734 Viola, Cello, Bass, String Ensemble Teacher: <b>Victoria Bain</b> Mobile: 0421177383	<b>VOCALS:</b> Teacher: <b>Lauchlan</b> from Vocal Adrenaline Mobile: 0407410124 Email: <a href="mailto:info@vapa.com.au">info@vapa.com.au</a>

#### INSTRUMENT HIRE:

**Some** instruments are available for hire at the College. The first term is free of charge, after which the instrument can be hired for \$25 a term. Lesson and hire fees are payable in advance at the beginning of the term unless other arrangements have been made.

For any further information, please contact one of the College Music teachers: Vanessa Bowe, Mitchel Rice or Grace Molloy.

Kaitlyn Rennes-Nadal  
[kaitlyn.rennes-nadal@lism.catholic.edu.au](mailto:kaitlyn.rennes-nadal@lism.catholic.edu.au)  
Mt. St. Patrick College.



**MT ST PATRICK COLLEGE  
INTERHOUSE SWIMMING CARNIVAL  
2019  
PROGRAM**

**9am Welcome**

**Housekeeping instructions**

**Roll call**

**Marshall for first event**

**200 INDIVIDUAL MEDLEY ( approx. 9.20am)**

**Girls (Jnr, Int, Snr)**

**Boys (Jnr, Int, Snr)**

**50m BREAST STROKE**

**Girls**

**Boys**

**50m BACKSTROKE**

**Girls**

**Boys**

**100m FREESTYLE**

**Girls**

**Boys**

**50m BUTTERFLY**

**Girls**

**Boys**

**50m FREESTYLE**

**Girls**

**Boys**

**4 x 50m FREESTYLE RELAY**

**All Age relay (2 competitors per age per year)**

**Girls**

**Boys**

**PRESENTATION (approx. 2.30pm)**

## MT ST PATRICK COLLEGE SWIMMING RECORDS (updated 07/01/2020)

Event	GIRLS				BOYS			
	Year Record Broken	Name	Record	House	Year Record Broken	Name	Record	House
<b>50 m Freestyle</b>								
12	2018	Ebony Northeast	32.33	Lucan	2018	Maverick McCarthy	30.19	Loreto
13	2014	Anthea Warne	29.60	Loreto	2016	Darcy Reinke	28.41	Lucan
14	2015	Anthea Warne	28.55	Loreto	2012	Grant Harris	28.11	Nagle
15	1997	Kendal Shaw	28.07		2012	Ziggi Jacks	26.97	Lucan
16	2013	Ela Heiniger	29.10	Nagle	2013	Ben Felton	25.98	Lisieux
OPEN	2019	Anthea Warne	28.83	Loreto	2013	Nick Myler	25.40	Nagle
<b>50 m Breast Stroke</b>								
12	1997	J Moran	43.81		2018	Maverick McCarthy	37.75	Loreto
13	2007	Jodie Cantrill	38.45	Lucan	2015	Jared Carney	40.44	Lucan
14	2015	Cecilia Ryan	38.63	Nagle	2016	Jared Carney	37.12	Lucan
15	1997	Kendall Shaw	39.53		2019	Quinn McCarthy	36.56	Loreto
16	2017	Cecilia Ryan	38.35	Nagle	2015	Russell Chandler	35.80	Lucan
OPEN	2018	Cecilia Ryan	38.39s	Nagle	2014	Nick Myler	34.64	Nagle
<b>50 m Butterfly</b>								
12	2018	Ebony Northeast	35.97	Lucan	2018	Maverick McCarthy	33.24	Loreto
13	2014	Anthea Warne	31.23	Loreto	2016	Darcy Reinke	34.09	Lucan
14	2015	Anthea Warne	31.26	Loreto	2018	Quinn McCarthy	33.83s	Loreto
15	1997	Kendal Shaw	31.90		2013	Jacob McRae	29.16	Loreto
16	2017	Cecilia Ryan	34.09	Nagle	2013	Ben Felton	27.85	Lisieux
OPEN	2019	Hayley Smith	31.21	Lucan	2016	Jacob McRae	27.55	Loreto
<b>50 m Back Stroke</b>								
12	2018	Ebony Northeast	36.94	Lucan	2018	Maverick McCarthy	38.35	
13	2014	Anthea Warne	34.50	Loreto	2016	Darcy Reinke	34.09	Lucan
14	2015	Anthea Warne	35.06	Loreto	2011	Ziggi Jacks	34.65	Lucan
15	2009	Jodie Cantrill	35.78	Lucan	2013	Jacob McRae	32.47	Loreto
16	2009	Jodie Cantrill	34.37	Lucan	2014	Jacob McRae	31.28	Loreto
OPEN	2019	Anthea Warne	35.19	Loreto	2014	Nick Myler	29.65	Nagle
<b>100 m Freestyle</b>								
12	2018	Ebony Northeast	1.11.31	Lucan	1995	Allen Moran	1.08.23	
13	2014	Anthea Warne	1.03.80	Loreto	2016	Darcy Reinke	1.04.10	Lucan
14	2015	Anthea Warne	1.02.42	Loreto	2011	Ziggi Jacks	1.01.63	Lucan
15	2018	Sashi Wills	1.07.78	Lucan	2012	Ziggi Jacks	1.00.35	Lucan
16	2013	Ela Heiniger	1.03.29	Nagle	2013	Ben Felton	56.94	Lisieux
OPEN	2019	Anthea Warne	1.01.91	Loreto	2014	Nick Myler	55.12	Nagle
<b>200m Individual Medley</b>								
12/13/14	2015	Anthea Warne	2.40.06	Loreto	2011	Ziggi Jacks	2.36.50	Lucan
15/16	1997	Kendal Shaw	2.42.47		2012	Nick Myler	2.30.95	Nagle
OPEN	2019	Anthea Warne	2.38.76	Loreto	2014	Nick Myler	2.24.13	Nagle
<b>Relay</b>								
12	2014	Lisieux	3.03.75		2014	Lisieux	3.03.75	
13	2007	Lucan	2.22.78		2015	Lucan	2.12.41	
14	2008	Lucan	2.16.53		2016	Lucan	2.03.08	
15	2016	Loreto	2.14.25		2012	Lisieux	1.57.47	
16	2014	Lucan	2.15.46		2015	Lucan	2.00.10	
OPEN	2012	Lucan	2.13.36		2015	Lisieux	1.48.62	
All Age Relay	2016	Lucan	6.46.26		All Age Relay	Lucan	6.46.26	

## MSPC TERM 1 PLANNER 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	<b>27/1 – Day 0</b> Australia Day Holiday	<b>28/1 – Day 17</b> Staff Development	<b>29/1 – Day 18</b> Staff Development	<b>30/1 – Day 19</b> Yr 7,11,12 return am New Yr 8, 9 & 10 students orientation	<b>31/1 – Day 20</b> Yr 8, 9,10 return Opening College Assembly 9.30am pm 7 - 12 House Meetings
<b>WEEK 2</b>	<b>3/2 – Day 1</b>	<b>4/2 – Day 5</b>	<b>5/2 – Day 3</b>	<b>6/2 – Day 4</b> College Assembly (Theme + Values) Newsletter	<b>7/2 – Day 2</b> Swimming Carnival TRAC
<b>WEEK 3</b>	<b>10/2 – Day 6</b>	<b>11/2 – Day 7</b> Staff/Year 12/ID Photos Singing Practice (TBC)	<b>12/2 – Day 8</b> 9.30am Inaugural Mass	<b>13/2 – Day 9</b> Homeroom Photos Per 3 DEAR 11/12 Drama Ex, Sydney	<b>14/2 – Day 10</b> 11/12 Drama Ex, Sydney
<b>WEEK 4</b>	<b>17/2 – Day 11</b>	<b>18/2 – Day 12</b>	<b>19/2 – Day 13</b> Yr 12 Retreat	<b>20/2 – Day 14</b> Yr 12 Retreat Per 3 Wellbeing Lesson Newsletter	<b>21/2 – Day 15</b> Yr 12 Retreat
<b>WEEK 5</b>	<b>24/2 – Day 16</b>	<b>25/2 – Day 17</b> Singing Practice  Lions Youth of the Year 7pm	<b>26/2 – Day 18</b> Ash Wednesday Liturgy, Church NSW All Schools Triathlon, Penrith	<b>27/2 – Day 19</b> CSDA Debating Coding/Gaming Masterclasses College Assembly NSW All Sch Triathlon, 6.30pm Yr 7 Parent Info Evening + refreshments	<b>28/2 – Day 20</b> CSDA Debating Yr 7 Currumbin Challenge- group 1
<b>WEEK 6</b> Catholic Schools' Week- <i>Walking with our Students</i>	<b>2/3 – Day 1</b> Staff Development Day Visible Learning	<b>3/3 – Day 2</b> Dio Touch Football Trials, Coffs  Yr 12 RSA Group 1	<b>4/3 – Day 3</b> Qschools Cup AFL Jnr Boys/Girls 6.30pm Yr 11 Parent Info Evening	<b>5/3 – Day 4</b> DEAR Dio Swimming, Lismore  TAS KLA Newsletter home	<b>6/3 – Day 5</b> Yr 7 Currumbin Challenge-group 2  Qschools AFL Snr Boys/Girls
<b>WEEK 7</b>	<b>9/3 – Day 6</b> <b>PLT (1 hr)</b>	<b>10/3 – Day 7</b> Tweed Shire Golf Championship Mur'bah 11 Marine Diving	<b>11/3 – Day 8</b> am Welfare Team Briefing Year 10 Retreat  11 Marine Diving	<b>12/3 – Day 9</b> Year 10 Retreat HSIE KLA Per 3 Wellbeing Lesson Titans 9's (U14&U16.5) South Tweed 11 Marine Diving	<b>13/3 – Day 10</b> Year 10 Retreat Per 2, 3 4 "Meltdown" presentation, GC
<b>WEEK 8</b>	<b>16/3 – Day 11</b> <b>PLT (1.5 hr)</b>	<b>17/3 – Day 12</b> Dio Secondary Winter Sports Trials, Lismore & Arkininstall Park 9.30am St Patrick's Day Combined Mass, GC	<b>18/3 – Day 13</b> 9am Roundtable Courage to Care Workshop, GC Yr 8 2 groups Per 1 & 2, 3 & 4	<b>19/3 – Day 14</b> 9- 11am Open Day Tours/open classrooms Per 3 DEAR 5 - 6.30pm Activities Newsletter	<b>20/3 – Day 15</b>
<b>WEEK 9</b>	<b>23/3 – Day 16</b>	<b>24/3 – Day 17</b> Yr 7-9 NAPLAN Test Practice Girls League Tag, Murwillumbah	<b>25/3 – Day 18</b> Yr 7 Injections HPV+  Yr 7-9 NAPLAN Test Practice	<b>26/3 – Day 19</b> College Assembly  Yr 7-9 NAPLAN Test Practice	<b>27/3 – Day 20</b>
<b>WEEK 10</b>	<b>30/3 – Day 1</b> 8.45am-3.15pm Yr 11 Ent.White Card Training PLT (1 hr)	<b>31/3 – Day 2</b> NSWCCC Swimming, Sydney	<b>1/4 – Day 3</b> Year 12 Assess/Exams Dio Northern Soccer, Lismore	<b>2/4 – Day 4</b> P3 Wellbeing Lesson Year 12 Assess/Exams Senior Dio Basketball, Coffs Newsletter	<b>3/4 – Day 5</b> Year 12 Assess/Exams  K-6 SJSMP Retreat Day (Yr 10 Youth Ministry), SJSM
<b>WEEK 11</b>	<b>6/4 – Day 6</b> Year 12 Assess/Exams Yr 2021 Enrolments Close	<b>7/4 – Day 7</b> Year 12 Assess/Exams	<b>8/4 – Day 8</b> am Welfare Briefing Year 12 Assess/Exams  pm Yr 7 - 9 P/T Interviews, GC	<b>9/4 – Day 9</b> P3 Holy Thursday Liturgy Year 12 Assess/Exams  Final day of Term 1	<b>10/4 – Day 0</b> Good Friday

Please check website calendar regularly for changes

# Canteen

Mt St Patrick College Murwillumbah



## Mt St Patrick Canteen Price List 2020

### SUSHI

Chicken & Avo.....	\$3.50
Chicken Teriyaki.....	\$3.50
Tuna & Cucumber.....	\$3.50
Vegetable Tempura.....	\$3.50
Vegetarian.....	\$3.50
Rice Paper Rolls.....	\$3.50
- Chicken	
- Vegetable	

### ROLLS

Salad.....	\$4.20
Chicken & Salad.....	\$5.20
Ham & Salad.....	\$5.20
Salmon & Salad.....	\$5.20
Egg & Lettuce.....	\$4.20
Ham.....	\$3.50
Vegetable.....	\$1.80
Buttered Roll.....	\$1.30

### EXTRA FILLINGS

Avocado
Hommus
Garlic Aioli
Cheese

### SANDWICHES (White or W/Meal)

(Half Sandwiches at half price)	
Salad.....	\$4.00
Chicken & Salad.....	\$5.00
Ham & Salad.....	\$5.00
Salmon & Salad.....	\$5.00
Ham.....	\$3.30
Egg & Lettuce.....	\$4.00
Curried Egg & Lettuce.....	\$4.00
Egg Dill Mayo & Shallots.....	\$4.00
Vegetable.....	\$1.80

### Extra Fillings

Avocado
Hommus
Garlic Aioli
Cheese

### HOT FOOD

Mini Pies.....	\$1.20
Large Pies.....	\$4.00
Sausage Rolls.....	\$4.00
Spinach Roll.....	\$4.00

### LAVISH WRAPS – all half size

Salad.....	\$3.00
Chicken & Salad.....	\$4.00
Ham & Salad.....	\$4.00
Lamb, Tzatziki, Tomato & Lettuce.....	\$4.00
Salmon & Salad.....	\$4.00
Falafel & Tzatziki.....	\$4.00

### TOASTED SANDWICHES

Any 2 Fillings.....	\$4.00
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### TOASTED TURKISH BREAD

Any 2 Fillings.....	\$5.00
Each Extra Filling.....	\$1.00

### BURGERS

Hamburger.....	\$5.00
Chicken Burger.....	\$4.50
Chicken Chilli Tender.....	\$4.50
Curried Lentil Burger.....	\$5.00

### SALAD BOXES

Large - \$6.00/Small - \$4.00
Garden Salad
Greek Salad
Fruit Salad

### BAKERY

Baked on Premises Daily	
Honey Oat Slice.....	\$2.50
Chocolate Slice.....	\$2.50
Muffins.....	\$2.50
*Choc Chip	
*Berry	
Choc-chip Cookie.....	\$2.50
Date Balls.....	\$0.50

### SNACKS

Fresh Honey Yoghurt.....	\$2.00
*w/ Berries or Passionfruit.....	\$2.50
*w/ Muesli.....	\$2.50
Red Rock Crisps 28g -	
*Plain.....	\$1.50
*Honey Soy Chicken .....	\$1.50
Popcorn Plain.....	\$1.00
Cheese & Crackers.....	\$1.80
Vege Chips.....	\$1.50
Vege Sticks + Hommus.....	\$2.50
Apples, Oranges, Bananas.....	\$0.70
Garlic Bread.....	\$2.50

### ON-LINE ORDERING

Our school now has a great online ordering system called Flexischools. As well as being convenient for parents, online orders are faster and easier to process - so it helps to simplify everyone's day!

### ICE BLOCKS

Fruit Tubes.....	\$0.80
Calypo (Smil Gelato).....	\$1.20
Frozen Yoghurt.....	\$2.50
* Chocolate	
* Watermelon & Mango	
* Strawberry & Vanilla	
Ice Monty.....	\$1.00
*Chocolate	
*Lemonade	

### DRINKS

Popper.....	\$2.50
Water 500mL.....	\$2.00
Nude Juice.....	\$2.50
Crazy Lemonade.....	\$2.50
Large.....	\$4.00
Schools Milk Flav(250ml).....	\$2.70
Milk -	
Plain 600mL.....	\$2.20
Flavoured 300mL.....	\$3.00
Glee (lightly carbonated apple juice).....	\$2.50
*Strawberry	
*Berry	
Cold Pressed Juices.....	\$3.50
*Orange	
*Cloudy Apple	

### SALAD OF THE DAY

(Large - \$6.00/Small - \$4.00)

<b>Monday</b>
Asian salad
<b>Tuesday</b>
Rosini Salad
<b>Wednesday</b>
Pasta Salad
<b>Thursday</b>
Carrot and Chickpea Salad
<b>Friday</b>
Greek Salad

Mt St Patrick College is fortunate to have a very modern and nutritional Canteen operating for the benefit of staff and students. The Canteen has implemented a 'healthy canteen strategy' which is reflective of the national dietary guidelines for children and adolescents. As a result, the menu has been expanded to include an extensive range of fresh healthy foods that suit the varying tastes of students. Such a program is labour intensive and requires volunteer help to achieve the service desired.

The Canteen has always provided quality food at very reasonable prices. Demand for products is high and, for an efficient service to continue, your assistance is required as a volunteer worker if at all possible.

**If you are able to assist with volunteer work in the Canteen, please complete the form below and return it to Mt St Patrick College.**

**Thank you in anticipation.**

**Please place your order before 9am on day of pick up at [flexischools.com.au](http://flexischools.com.au)**

Student's Name: \_\_\_\_\_ Parent Name: \_\_\_\_\_

Contact No: \_\_\_\_\_ Student Year ie 7, 8, 9, 10 etc \_\_\_\_\_

Monday  Tuesday  Wednesday  Thursday  Friday

Weekly  Fortnightly  Monthly



# Year 7s



# First Assembly

