



Dear Parents and Carers,

### COVID-19

We continue to follow advice from the Lismore Catholic Schools Office which is the advice of the NSW Chief Medical Officer, any changes would be for our context and be strengthening these where we see need. I will send a separate notice detailing the current plan. I want to highlight again that if any student is unwell they should not come to school. If they have flu-like symptoms I would recommend being tested for COVID-19. If a student is tested we are required to see the negative result before the student can come back to school. We have also had to suspend music tutoring for the rest of the term. Some teachers may be able to give lessons via zoom or at a different location. I apologise for any inconvenience that this may cause.

### Presence

I am currently experiencing the Spiritual Experiences of Saint Ignatius in daily life. A very short summary is that exercises are a way to discover how faith and everyday life can thrive together. I was reading a passage about what presence can mean both on a personal and a social level. The author, Fr Kevin O'Brien SJ says, "If we take the gospel to heart...then we must stand with the poor and marginalised, not because God loves them more than the rich and well connected but simply because their needs are greater. The gospel demands such a stance because Jesus, a friend of rich and poor alike, always responded with compassion to those most in need."

Fr Kevin tells the story of being with his father as he was dying: personal presence, and also the story of Oscar Romero and Jesuit priests at the University of Central America during the civil war in El Salvador who stood with the oppressed and powerless and were killed for their defiance: social presence. He goes on to say that "standing with" or "being with" those in need shows our accountability to each other, regardless of religion, nationality or ethnicity, because we are all God's children. That is stronger than any differences we have and should give us the strength to stand with people in need, whether that is at the personal or social level.

You may be able to think of times when you have been that personal presence for someone in need or when you have been a social presence by standing up for something you believe in. At Mt St Patrick College students are given opportunities to do this through being involved in some of our social justice programs such as You Have a Friend, Environment Club, Friday Breakfast Club, Caritas and the St Vincent de Winter appeal. It was a student initiative that drove a day to support the Black Lives Matter movement. I would like us to be able to stand with those in need as Jesus taught us.

### Leadership

This week we are voting for school leaders for 2021. We can reflect on great leaders and see that they are quite different from each other, but they all inspire people to follow them. Some people lead by actions, they quietly go about their work and we are inspired by that. Pope Francis speaks of servant leadership and Nano Nagle was certainly a leader who fits into that category with "deeds not words".

Some are great orators such as Martin Luther King Jr. We all have heard at least part of his "I have a dream" speech which was an inspiration for great change for civil rights in the United States. We don't need to be from that country or time to be inspired by those words. Often these leaders are standing with others as we are called to do.

Being a sporting fan I have been intrigued that often the best and most successful captains are not the best players in their team. I think this is because they are willing to put their personal glory or praise to one side for the sake of the team. The best coaches were often average players but as a coach can inspire others to be the best they can be.

Today I asked the students listening to the Year 11 students nominated for leadership, to ask themselves if each nominee would stand with those in need and do they inspire you to do the same. The nominated students are all fine young people who will do their best for Mt St Patrick College.  
Be the Good and God Bless.



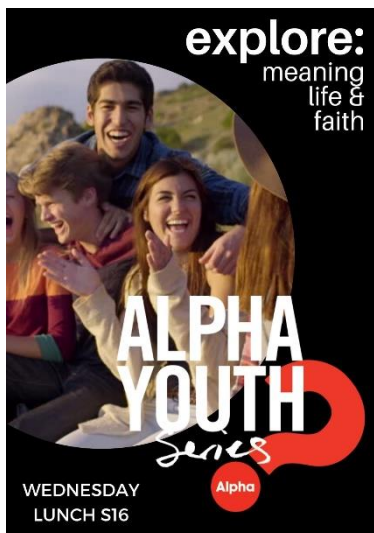
Paul Reidy  
Principal

## FACULTY NEWS

### MINISTRY

#### SOCIAL JUSTICE SUNDAY

We celebrate Social Justice Sunday this weekend on 30 August. This year, the Australian Bishops' Social Justice Statement is titled: **To Live Life to the Full: Mental Health in Australia today**. The COVID-19 pandemic is affecting the mental health of many members of our parishes, schools and communities. Understanding mental health will help us to be aware of those who need our support. The Bishops invite us all to reject stigmatisation; the work for the transformation of social determinants of mental ill-health; and to call for policies and service provision that meets the needs of the poorest and most marginalised members of our community.



#### YOUTH ALPHA

The Alpha Programme, for both adults and students, is a series of videos about topics and issues that have an impact on our personal and spiritual lives. The Christian focus involves reflection and small group discussion and is an opportunity for staff and students to share their ideas and experiences so as to develop a deeper understanding of their faith and a more personal relationship with Jesus.

The gatherings will take place on Wednesdays at lunchtime and are open to all students and staff. Our YMO's, Cassidy and Cooper, and some of our Senior Youth Ministry Team, will facilitate the groups and share some of their own faith journey.

This is a great way to stay connected in what has been a challenging year for Youth Ministry and Student Discipleship. Our first video and group discussion, which was entitled Life, took place yesterday 26<sup>th</sup> August.

#### KAIROS RETREAT 2020

A Kairos Retreat experience is being offered to Year 11 students and will be held at Camp Drewe, Lennox Head over 4 days, Tuesday 3<sup>rd</sup> November to Friday 6<sup>th</sup> November. The students would leave the College during Sport on Tuesday and finish at 1.30pm on Friday. The introduction of the Kairos Retreat Experience in 2016 was an exciting new initiative for our College and one which has been encouraged by the Lismore CSO and taken up by many Lismore Diocesan schools.

The Retreat is a mixture of adult and student talks, small group discussion, music, liturgies, prayer and reflection which all give students opportunities to reflect more deeply on the journey which is their life and their relationship/friendship with God/Jesus. There are many reasons that Kairos is successful. One important reason is that it is led by students, their peers. They are guided through the retreat by staff members, but the impact of the retreat is very much linked to the fine leadership of the students who work very hard to present this experience to students their own age.

The cost of the Kairos Retreat Experience is \$100 which is only a small part of the actual cost of the Retreat. The Diocese will meet the majority of transport, accommodation and other expenses to ensure such an important experience is supported by students in its early stage of development.

We can only offer 20 places, so students who would like to attend are asked **to return the permission note and \$100 by Friday 16<sup>th</sup> October**. Further information will be issued closer to the Kairos experience. We are aware of the extra organisation and commitment that is required for students to attend in a busy year, however it is our strong conviction that the personal benefits to each participant will far exceed this inconvenience. Please feel free to contact me at the College if you require any further information.

The student comments from 2019 below reflect the impact of the experience:

*'My Kairos experience was a very opening experience as it allowed me to delve deeper into my relationships with others'* (Maddie)

*'Kairos is unlike any experience I have been exposed to. It helped reveal a deeper understanding of life and where I want to go'* (Tom)

*'Kairos for me was a great experience. I became more open and confident with my faith and who I am as a person. I have made so many connections with people.'* (Emma)

*'Kairos was an extremely life opening retreat where you can open up to others and to God'*(Jordan)

## RE NEWS

Term 3 is well underway and many exciting things are happening across the College in Religious Education classes.

Year 7 are exploring ways in which we are all *Called to be Stewards* of Creation. Mr Tim Kelly from the Catholic Schools Office spoke to classes about some of the damage people have caused the planet, and students are investigating ways they can help act as stewards of creation within our own school community. We congratulate Gabby Flood, Jack Gardner and Ella Harman for their 2019 initiative to have a compost bin in the school.



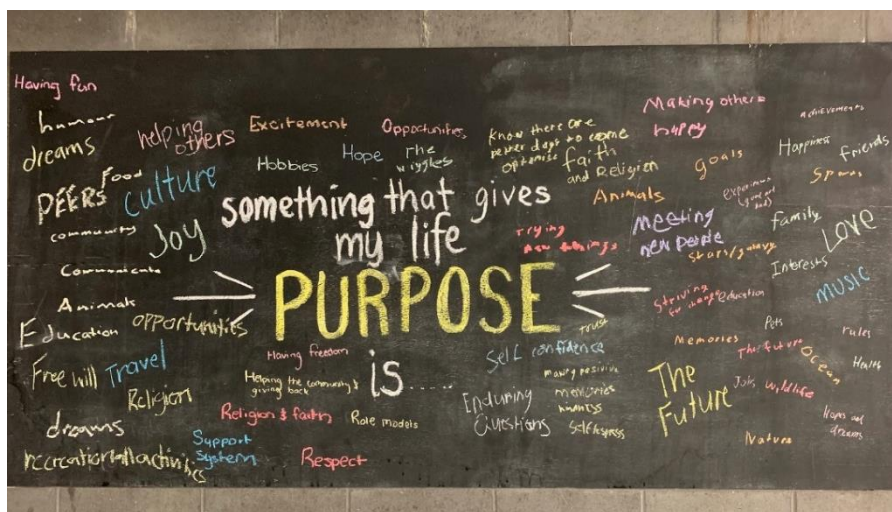
Mr Kelly talking to 7M



Ella, Jack and Gabby's compost bin

Year 8 are learning about *Disciples, Martyrs and Witnesses to Faith*. Their research about a contemporary Christian witness will look at how we are inspired by others to live out Christian values and beliefs and by doing so 'Be the Good'.

Year 9 are reflecting on *The Search for Meaning* for some of life's enduring questions. Students are contributing responses to questions on blackboards around the school and will investigate human responses to life experiences.



Year 10 students are investigating vocation, in particular the *Sacraments at the Service of Communion*. We were blessed with a visit from Fr Anthony who explained his own experience of priesthood. Students then prepared mock marriages as a Nuptial Mass, developing an appreciation of how a husband and wife are called to be witnesses of Christ's love. Their assignment is to now create a pamphlet for young people to assist in promoting the significance and importance of the Sacrament of Marriage.



*The Bridal Party of 10C*



*The Bridal Party of 10B*



*Caught the bouquet!*



*Fr Anthony shares his story of vocation with 10O & 10G*

Our Youth Ministry Officers, Cooper and Cassidy, have been delivering *Catch the Wave* lessons for some Yr 9 and 10 classes, providing students with an opportunity to encounter and foster a relationship with God in their lives.



Our Year 11 students are preparing for their final preliminary assessment, with Year 12s having completed their trial examinations. On Wednesday 19<sup>th</sup> August Bishop Gregory Homeing celebrated Mass with Year 12. His talk with Year 12 following Mass focused on *Being the Good*. We wish all Year 12 well with their final preparations for the HSC.

Angela Finkel  
Leader of Learning – RE



Bishop Greg talks with Yr 12

## **DEBATING**

### **CSDA DEBATING FOR 2020**

Unfortunately the North Coast Regional Finals Days have been cancelled due to Cov19. However, the College debating teams have still been training and the selection of a Year 7 team has taken place.

Congratulations to the following students on their selection in the Year 7 team: Estella Wong, Ty Lockwood, Makayla De Jonge and Flynn Jones.

Thank you to everyone who tried out for the team. The skills and knowledge displayed by the students were of a high standard and the trials reflected the depth of debating at the College.

Paddy Bailey  
Leader of Learning – English



## **FROM THE SPORTS DESK**

### **TERM 4 SPORT SELECTIONS**

Parents please take note that during Weeks 8 & 9 students will be selecting the sports they want to participate in for Term 4. During Term 4 there is an emphasis on more recreational sports. Ongoing COVID restrictions are limiting some options to certain groups with year and stage levels (7 & 8, 9 & 10 and Yr 11) only allowed to mix, where possible.

Following is a list of sports and activities that will be offered to stages and your sons and daughters will have to make their selection at school during Weeks 8 & 9. Many come with a financial commitment and parents, this will be added to your school fees, so no money needs to come school weekly. Because of this, students will not be allowed to change sports next term. The emphasis will be on the student to select appropriate sports during the 2 weeks, check what they have been allocated and they will have Week 10 this term to make any changes necessary.

### **NO STUDENTS WILL BE ALLOWED TO CHANGE SPORT DURING TERM 4**

There are a few new options this year:

**Surf Training:** 30 students will be able to take the opportunity to travel to Surfing Australia's High Performance Centre in Casuarina. In small groups of 10 they will be instructed by a HPC coach in surf specific skills. There will be weekly sessions in Trampolining, Skating and gymnasium (surf specific). Students who select this option **MUST** be aware that they will need their own skate board and helmet, wrist guards are also encouraged. Students will **NOT** be getting in the water with this one. If you are a surfer but do not meet the qualifications to go surfing at school (no Surf Rescue Certificate SRC, Bronze Medallion BM or Ocean Surf Safety Award OSSA) then this option is for you at \$22 per week.

**Learn to surf:** Up to 25 students will have an opportunity to select to travel Hastings Point and take part in some Learn to Surf Lessons delivered by Tweed Coast Surf School. Sessions will be approx. 1 hr and no qualifications are necessary. \$20 per week.

**Inline Skating (EPIC SKATE):** Epic Skate is back after not being available for a few years, Inline or roller skating is back. Students can take advantage and travel to South Tweed Heads and be active and learn a new skill weekly during term 4. \$17 per week.

## TERM 4 SPORT OPTIONS

The selection process will open 8.45am on the moodle site on Monday 7<sup>th</sup> September. It will close at 3.15pm Friday 18<sup>th</sup> September.

The earlier you make your selection the more chance of receiving your first preference.

Students will be able to view what sport they receive after the process closes.

<b>SPORT</b>	<b>COST / WEEK</b>	<b>COST /TERM</b>
Surfing & SLS Training	\$7	\$63
Surfing Training @ HPC (need a skate board and helmet)	\$22	\$198
Learn To Surf	\$20	\$180
Beach Volleyball	\$10	\$90
Beach Fitness	\$7	\$63
Ten Pin Bowling	\$13	\$117
In Line Skating	\$17	\$153
Lawn Bowling	\$5	\$45
Water Aerobics	\$3.70	\$33.30
Water Polo	\$3.70	\$33.30
Tennis	\$3	\$27
Free weights at Red Box	\$6	\$45
Weight training @ Patties	Free	Free
Golf (must have own clubs, free for members)	\$6	\$54
Power Walking	Free	Free
Fishing	Free	Free
Yoga	Free	Free
School Sport Yr 11	Free	Free
School Sport Yrs 9 & 10	Free	Free
School Sport Yrs 7 & 8	Free	Free
Fitness at school with Lewy	\$8	\$72
Cricket Training	\$5	\$45

Mr Whitney  
Sport Co-ordinator

### **HSIE HAPPENINGS**

In our altered educational environment, the usual mandatory field trips and site studies have morphed into in-class research tasks. Year 11 Geography completed an excellent virtual Senior Geography Project based on data gathered by Mr Weetman and Landcare group "Friends of Cudgen Nature Reserve". Meanwhile, Year 11 Business Studies completed a simulation of the Business Case Study that they would normally undertake with interviews and visits. Both classes are to be congratulated on their efforts.

Year 7 Geography are currently studying "Water in the World", working towards a research item based on a flood, in Week 10. Year 8 History are completing a "Middle Ages" task, where they are encouraged to make a small diorama

or model at home, and take digital images to display. They will then write up a description of their work in class in Week 10.

In Stage 5, Year 9 Geography have a research task on Coastal Processes and Management, in lieu of the usual Cabarita field trip, completed in Week 9. Year 10 History will submit their research task on Significant Individuals in the topic "Rights and Freedoms" next week (Week 7).

Last, but not least, best wishes to our Year 12 Students in Ancient History, Business Studies, Modern History and Legal Studies who have done their best in the recent Trials and who are now working towards the HSC Examinations.

Chris Core  
Leader of Learning - HSIE

## TAS YEAR 9 FOOD TECH

Some of the Year 9 and 10s studying 'Food Trends' in Food Technology were lucky enough to take a field trip recently to the Murwillumbah Farmers Markets.

There is a current trend which focusses on sourcing local produce, mainly because it is beneficial to the environment and local small businesses. So off to the Market we went!

The Markets (for those of you who haven't experienced the joy) are held at the Murwillumbah Show Grounds (across from the College) every Wednesday morning. They showcase some of the finest and freshest produce from the Tweed Valley and Northern Rivers.

The Markets have a wonderful vibe and the students enjoyed sampling some of the brekky bowls, samosa, freshly brewed coffee, Danishes, Vietnamese and Japanese inspired cuisine (all of which are on trend at the moment).

It was wonderful to see the students supporting our local famers and producers.  
Stephanie Carroll-Bennett



## CALENDARS & ROSTERS

### Term 3 Week 7

Mon	31/8	Day 11	Mon	7/9	Day 16
Tues	1/9	Day 12	Tues	8/9	Day 17
Wed	2/9	Day 13	Wed	9/9	Day 18
Thurs	3/9	Day 14	Thurs	10/9	Day 19
Fri	4/9	Day 15	Fri	11/9	Day 20

### Week 8

### CANTEEN ROSTER TERM 3

#### Week 7

31/8	Billy Battese
1/9	Annalise Simke
2/9	Chris Reynolds
3/9	Jenny Curnow
4/9	Lesley Bridges

### 2019 CALENDAR

Aug 28<sup>th</sup> 9am You Choose (Talk) Yr 10, GC

#### Week 8

7/9	Lisa Blackwell-Barnes
8/9	Lisa Stella
9/9	Chris Reynolds
10/9	Jacquai Harris
11/9	Billy Battese

# AWARDS

## CO-ORDINATOR'S, PRINCIPAL'S AND COLLEGE AWARDS

### LORETO

#### CO-ORDINATOR'S AWARDS

##### Year 7

Lonnie Maher, Alice Simke Hetherington, Ava Singh, Ash Wilcomes, Rishabh Lashand, Delilah Teague.

##### Year 8

Elise Albertini, John Dunbar, Ivy Glynn, Kai Kingston, Nicholas Males, Jack McClymont, Alexis Pelikan, Cooper Robinson, Taj Ruddy, Gabrielle Stella, William Wallace, Mackenzie Ryder.

##### Year 9

Grace Kelly, Elizabeth Warne, Will Harris.

##### Year 10

Jacob Stella, Amelie Ogg.

#### PRINCIPAL'S AWARDS

##### Year 7

Rishabh Lashand

##### Year 8

Kai Kingston, Nicholas Males, Alexis Pelikan, Cooper Robinson, Taj Ruddy, Gabrielle Stella, William Wallace.

#### COLLEGE AWARDS

##### Year 8

Kai Kingston, Alexis Pelikan

### LISIEUX

#### CO-ORDINATOR'S AWARDS

##### Year 7

Amali Moore, Matthew Ryan, Eliza Wightley, Lara Willis.

##### Year 8

Daniel Jones, Ned Rogers.

##### Year 10

Layla Falkner, Rose Hampson, Lincoln Taylor, Grace Wolfe.

##### Year 11

Darcy Hannah, Joshua Lees.

#### PRINCIPAL'S AWARDS

##### Year 8

Daniel Jones, Ned Rogers.

##### Year 10

Rose Hampson

##### Year 11

Darcy Hannah

#### COLLEGE AWARDS

##### Year 10

Rose Hampson

### LUCAN

#### CO-ORDINATOR'S AWARDS

##### Year 7

Taylor Barton, Annalise Cardillo, Amelia Carr, Harrison Daley, Judah Jeffs, Rhys Johnston, Isabelle Levings (2), Angus Lindsay, Bailey Lofts, Jaxon McAuliffe, Angus Miller, Zade Spratt, Lakota Sutcliffe, Jesse Barrett, Freda Biles, Bailey Buchanan, Sky Morton.

##### Year 8

Tiamika Davidson (4), Astra Fisher, Kai Mumford, Finlay Purnell, Caleb Smith, Abbie Thomas, Luca Todd, Maya Wheeler, Chloe Zambelli, Kai Broomfield, Caitlyn Moore.

##### Year 9

Mahalia Ashforth, Ayla Baartz, Charles Elliott, Taliesin Faranda, Elijah Kirk, Cooper Shields, Ella Spratt, Ruby Van Den Driest, Elinor Litvin.

##### Year 10

Sean Carney, Tom Ferguson, Jack Gracie, Max Jones, Holly Roberts, Kimberly Scard, Edie Thurtell, Dylan Drabowicz.

##### Year 11

Lily French

#### PRINCIPAL'S AWARDS

##### Year 7

Angus Miller, Jesse Barrett, Isabelle Levings.

##### Year 8

Tiamika Davidson (2), Astra Fisher, Kai Mumford, Luca Todd, Kai Broomfield, Caitlyn Moore.

##### Year 9

Taliesin Faranda, Cooper Shields, Ella Spratt.

##### Year 10

Tom Ferguson, Edie Thurtell.

##### Year 11

Lily French

#### COLLEGE AWARDS

##### Year 8

Tiamika Davidson

##### Year 9

Ella Spratt

### NAGLE

#### CO-ORDINATOR'S AWARDS

##### Year 7

Marly Kuramochi, Martin Smith, Indiana Wadley, Sky Waters, Felix Morin-Graue, Ava Parsons, Ebony Roach.

##### Year 8

Imogen Andrews, Lachlan Darby, Jack Gardner, Mia Newberry, Alyssa Templeton.

##### Year 9

Dylan Bath-Dunne, Rosie Davis.

##### Year 10

Charlotte Hudson, Miranda Larkin, Aidan Laybutt, Bryce Matlock, Lilly-Anne Crawford.

##### Year 11

Ty Banbury

#### PRINCIPAL'S AWARDS

##### Year 8

Jack Gardner

##### Year 10

Lilly-Anne Crawford



# CABARITA BEACH

S.L.S.C.



**WE  
NEED  
YOU**

Join Cabarita Beach  
SLSC  
and become a volunteer  
lifesaver!

Our club is looking for  
more Patrol members for  
the 2020/2021 season!  
Many area's for all ages  
and skill levels. If you  
are not a swimmer but  
love the beach, think  
about becoming a  
First Aid Officer  
Give the Covid blues the  
flick and join us on the  
beach this summer!



For more information  
email [lifesaving@cabaslsc.org.au](mailto:lifesaving@cabaslsc.org.au)  
[www.cabaslsc.org.au](http://www.cabaslsc.org.au)  
Phone: 02 6676 1551